

## Philmont Hymn

Silver on the sage  
Star-lit skies above  
Aspen covered hills  
Country that I love,

Wind in whisp'ring pines  
Eagles soaring high  
Purple mountains rise  
Against an azure sky

Philmont, here's to thee  
Scouting Paradise  
Out in God's country,  
tonight.

Philmont, here's to thee  
Scouting Paradise  
Out in God's country,  
tonight.

*John Westfall 1945*

## Philmont Grace

For Food  
For Raiment  
For Life  
For Opportunity  
For Friendship and Fellowship  
We Thank Thee O Lord.

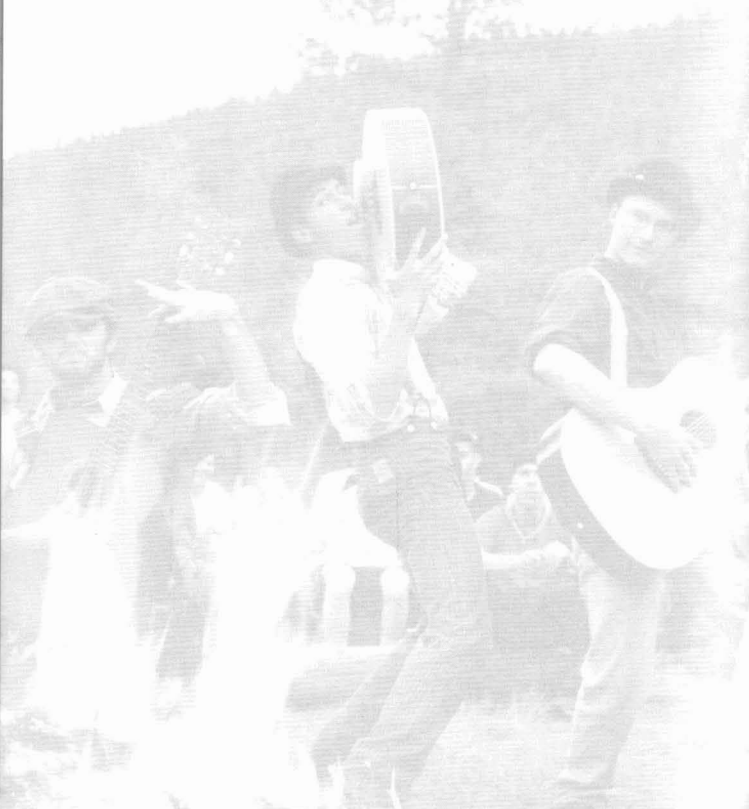
Photo by by Troy Walker - 2006 Ranger  
Cover Photo by News & Photo Staff



# PHILMONT 2009 GUIDEBOOK TO ADVENTURE

## MISSION OF THE BOY SCOUTS OF AMERICA

The mission of the Boy Scouts of America is to prepare young people to make ethical choices over their lifetimes by instilling in them the values of the Scout Oath and Law.



### VISION STATEMENT – PHILMONT SCOUT RANCH

It is the vision of the Philmont Scout Ranch to continue to positively impact the lives of young people and their Scouting leaders through inspiring and effective delivery of the finest Scouting possible through backcountry adventures and training center experiences.

It is our further vision that these experiences will be expanded to help meet increasing demands. All future growth must be accomplished with minimal ecological impact on resources to insure the preservation of this great asset to serve future generations of Scouts.

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# PARENT'S COPY... TEAR-OUT AND POST ON REFRIGERATOR OR BULLETIN BOARD

My expedition number is:

### Your Philmont Address and Mail

Your complete Expedition Number is essential for mail delivery at Philmont. Incoming mail may be picked up only by your Expedition Advisor or Crew Leader at the Philmont Mail Room when your crew arrives at Philmont and when you return to Camping Headquarters from the trail. You may send mail from any staffed camp.

Philmont address:

Your name, Your expedition number  
Philmont Scout Ranch, BSA  
47 Caballo Road  
Cimarron, NM 87714

TEAR-OUT

### Emergency Telephone Number at Philmont

**(575) 376-2281**

Telephone calls to you are restricted to **EXTREME EMERGENCIES ONLY**. Since Philmont comprises 215 square miles of rugged mountain wilderness, it may require several hours to transport you from some camps to return an emergency phone call. In those cases, it will speed contact when the caller has your full name and expedition number.

PHILMONT SCOUT RANCH, BSA  
Cimarron, New Mexico

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Philmont Scout Ranch, BSA  
Cimarron, New Mexico

## PHILMONT MAGIC

There is a magic spell at Philmont. Long ago the Indians felt it. Later Kit Carson, Lucien Maxwell, and other mountain men were captivated by Philmont Country. A century later, the late Mr. Waite Phillips found himself under its spell. His son, Elliott, and his cousins found it almost a necessity to return to Philmont during their high school and college summer vacations.

### LOCATION AND TERRAIN

**P** is a national High Adventure base, owned and operated by the Boy Scouts of America. Philmont is large, comprising 137,493 acres or about 215 square miles of rugged mountain wilderness in the Sangre de Cristo (Blood of Christ) range of the Rockies. Thirty-four staffed camps and fifty-five trail camps are operated by the ranch (four camps are in the national forest). Philmont has high mountains which dominate rough terrain with an elevation ranging from 6,500 to 12,441 feet.

### HISTORY

**P** has a unique history of ancient Indians who chiseled writings into canyon walls....Spanish conquistadors who explored the Southwest long before the first colonists arrived on the Atlantic coast....the rugged breed of mountain men like Kit Carson who blazed trails across this land....the great land barons like Lucien Maxwell who built ranchos along the Santa Fe Trail, and miners, loggers, and cowboys. All these people left their mark on Philmont.

### WILDLIFE

**P** is abundant with wildlife—deer, elk, coyote, antelope, mountain lion, buffalo, beaver, wild turkey, bear and others. Its hills and canyons teem with birds and its streams abound with fish. Its cool mountains harbor a wilderness of botany—trees, shrubs, flowers, and grasses.

### BEAUTY

**P** is rich in natural beauty, including the soaring Tooth of Time.... sunrise from lofty Mount Waite Phillips....the blue water of Cimarroncito Reservoir....the panoramic sweep of the plains from Urraca Mesa....and sunlight filtering through aspen along the rippling Rayado.

### PROGRAM

**I** provides an unforgettable adventure in sky-high backpacking country along hundreds of miles of rugged, rocky trails. Program features combine the best of the old West—horseback riding, burro packing, gold panning, chuck wagon dinners, and interpretive history, with exciting challenges for today—rock climbing, burro racing, mountain biking and .30-06 rifle shooting—in an unbeatable recipe for fast-moving fun and outdoors.

## FELLOWSHIP

**I** means camping with your own unit as well as meeting and sharing experiences with other crews from all over America and from other countries. This is an opportunity for fellowship and understanding unequalled anywhere in America.

### STAFF

**I** has the finest staff in America. Each man and woman on the large seasonal staff is carefully selected and trained. Scouting spirit, knowledge of camping skills, keen interest in their respective program specialties, and a love for Philmont make the staff dedicated to seeing that you have a rewarding and memorable experience.

When you come to Philmont, take advantage of these opportunities. It is one of the best investments you will make—the returns are great!

### WHO MAY PARTICIPATE?

**I** in keeping with the policies of the Boy Scouts of America, rules for participation are the same for everyone without regard to race, color, national origin, age, sex, or special needs. Participants must be registered members of the BSA who will be at least age 14 by January 1 of the participation year or have completed the eighth grade (and be at least 13 years of age) prior to attendance. Some special programs allow for individual person registration and participation. A crew must have a majority of its members under age 21. Each participant must be capable of participating in the backpacking or horseback riding trek. Each participant must meet the health requirements as outlined in the Health and Medical form.

**P** Philmont cattle brand

**I** Philmont horse brand

**ALL PHILMONT PARTICIPANTS MUST BE AT LEAST AGE 14 BY JANUARY 1 OF THE PARTICIPATION YEAR OR HAVE COMPLETED THE EIGHTH GRADE (AND BE AT LEAST 13 YEARS OF AGE) PRIOR TO ATTENDANCE.**

### PHOTO (TALENT) RELEASE INFORMATION – CHQ

All Philmont Scout Ranch participants are informed that photographs, film, Video tapes, electronic representations and/or sound recordings may be made during their visit to Philmont Scout Ranch.

These images may be used for training and promotion purposes for Philmont Scout Ranch and other projects approved by the Boy Scouts of America.

Backcountry participants will be asked to complete either a talent release form or a crew roster talent release form. Participants 18 years of age or older will be asked to sign the appropriate form and those under the age of 18 must have a guardian's signature on the appropriate form.

## AWARDS

Two unique awards are presented to participants who successfully meet the challenge of a Philmont Expedition.

### The Arrowhead Award

An individual camper award presented by your adult Advisor when you have:

1. Attended the opening campfire—"The Philmont Story."
2. Completed a Philmont-approved itinerary (except for medical reasons) with your crew.
3. Completed at least three hours of staff supervised conservation work or a camp improvement project on Philmont and took advantage of every opportunity to learn about and improve our ecology, and practiced the art of outdoor living in ways that minimize pollution of soil, water, and air.
4. Fulfilled the personal commitment to the Wilderness Pledge (see page 28).
5. LIVE THE SCOUT OATH AND LAW.

### The "We All Made It" Plaque

An award presented by Philmont to each crew that:

1. Demonstrated good camping practices and Scouting spirit.
2. Followed an approved itinerary and camped only where scheduled.
3. Fulfilled the commitment to the Wilderness Pledge (see page 28).

**PHILMONT AWARDS ARE NOT FOR SALE.  
THEY CAN ONLY BE EARNED.**

### Duty to God

Under the guidance of a crew Chaplain's Aide each participant may fulfill the requirements for the Philmont "Duty to God" award. The requirements are: 1) participants must attend a religious service while at Philmont, participate in at least three daily devotionals with their crew, and lead grace before a meal; 2) participants must obtain a Chaplain's Aide signature to certify completion of the requirements; 3) Chaplain's Aide must secure a "Duty to God" brochure for the crew upon completion of the trek; 4) at conclusion of the trek, Scouts and Leaders may then purchase a "Duty to God" patch from the Tooth of Time Traders.

### 50-Miler Award

The 50-Miler Award, given by the National Council, BSA, may be earned by members of unit or council contingent groups. Requirements for this award include: hiking at least 50 miles and performing a 10-hour conservation project (3 hours or more will be earned at Philmont and the remaining 7 hours in your council). All Philmont itineraries meet the 50-Miler distance requirement. The award is secured through your local council service center.

## PREPARING AND TRAINING FOR PHILMONT ADVENTURE

A Philmont expedition begins at home. Months before arriving at Philmont, you should begin planning and training. Several details must be completed when your Advisor receives the "expedition Advisor's kit".

### Your Philmont Itinerary

The first step in preparing for Philmont is for your crew to select your itinerary. An itinerary is a hiking plan that describes camps and program features for each day on the trail. Crews submit their top five (5) itinerary choices to Philmont before May 1. Philmont will confirm one of your selections on a first come first served basis. Complete information about itineraries is contained in the "TREKS" 2009 Itinerary Guide.

### Medical Record and Physical Evaluation

You must fill out a 2009 Philmont Health and Medical Record and have a physical evaluation performed by your doctor *before* departing for Philmont. Physical evaluations are valid for 1 year from the date of examination. You are required to have had a tetanus shot or booster within 10 years. A current measles vaccination is highly recommended. Participants **MUST NOT** exceed the maximum height/weight chart at the time of their arrival at Philmont. Give your completed medical form to your Advisor to present to the Philmont Health Lodge. A fee is charged for evaluations of campers who fail to get one at home or forget to bring the medical form. An additional charge is made for required tetanus shots when given by the camp physician. If an inhaler has been used in the past five (5) years, you will need to bring one. If you have an allergy to bees or food, you will need to bring an Ana-kit or Epi-Pen.

### Know Your Expedition Number!

Your Expedition Number is assigned by Philmont. It is determined by your expected arrival date. For example, if your contingent is to arrive July 14, your Expedition Number will begin with 714, which signifies 7th month and 14th day. Since many contingents arrive each day, letters distinguish different contingents (for example, 714-A or B, C, etc.) If your contingent consists of several crews, numbers are used to designate each one. Thus, your crew's complete Expedition Number may be 714-A-2. If you don't know your crew's Expedition Number, ask your Advisor.

My Expedition Number is:

|  |  |  |
|--|--|--|
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### **Your Philmont Address and Mail**

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### **Physical Training**

A Philmont trek is physically demanding. Even if you are able to pass a physical examination with flying colors, you will need to get in shape for Philmont. Steep, rocky trails with 1,000-foot climbs are typical. Also, there is 20- to 35-percent less oxygen at Philmont elevations than at sea level. And remember, you will be carrying a pack that weighs 35 to 50 pounds. Breathing will be labored, especially at the start of your trek.

A program of regular aerobic exercise, started six months or more before you come to Philmont is highly recommended. Exercise for at least 30 minutes 3 to 4 times a week at an intensity that boosts your heart rate about 75% of your maximum. An average maximum heart rate is 220 minus your age. If you are older than 40, or have not been very active, consult your doctor before beginning an exercise program.

Jogging, hiking uphill or up long flights of stairs, and hiking with a full pack are excellent preparation. Other aerobic exercises such as swimming, bicycling, and aerobic exercise classes can be used to supplement your training. Start slowly and gradually increase the duration of your exercise.

Exercise individually or with other members of your crew. Set aside regular periods of time to do it. Plan to be in top physical shape when you arrive at Philmont. You will enjoy your experience more and be less likely to have a medical problem. Wear the boots you will be bringing to Philmont.

### **Harassment**

Philmont and the Boy Scouts of America prohibit language or behavior that belittles or puts down members of the opposite sex, unwelcome advances, racial slurs, chastisement for religious or other beliefs or any other actions or comments that are derogatory of people. We need to lift people up for the good things they do and refrain from putting them down for mistakes or poor judgment.

The word "Philmont" is written in a large, bold, black, cursive-style font. The letters are thick and rounded, with a slightly slanted, dynamic feel. The 'P' is particularly large and prominent, starting the word. The 'i' has a small dot above it. The 'l' is tall and narrow. The 'm' has two distinct humps. The 'o' is a simple circle. The 'n' has a small hook at the end. The 't' is tall and thin. The overall style is reminiscent of a hand-drawn or brush-painted logo.

## SHARPEN YOUR HIKING AND CAMPING SKILLS

Time and effort spent in sharpening your hiking and camping skills will allow you more time to enjoy the natural beauties and program features of Philmont. The best way to practice and develop these skills is to participate in several outings with your crew. Use the Backpacking Merit Badge pamphlet or Venture Backpacking pamphlet to guide your preparation and training.

### Gathering Your Equipment

Backpacking requires proper equipment just as any outdoor sport. Without suitable equipment you will face unnecessary hardships. Take only what you need. After several overnight camps you should be able to conduct your own shakedown to eliminate items that you didn't need. Remember, the key to successful backpacking is to go lightly. Check your equipment against the recommended list on pages 16 and 17. This is the maximum. All backpackers can reduce this list and still be comfortable, clean and safe.

### Organizing Your Crew

A well-organized crew gets its chores accomplished quickly and has more time to enjoy Philmont. Your crew should be organized before you arrive at Philmont. If your crew is a chartered unit, this should be easy. If your crew is a provisional council group, it is especially important to be organized.

Each crew should elect a Youth Crew Leader several months prior to coming to Philmont. Your Crew Leader is responsible for organizing the crew, assigning duties, making decisions and recognizing the capabilities and limitations of each member. He or she leads by example and discusses ideas and alternatives with the entire crew to arrive at a consensus before taking action. This responsibility requires someone with leadership ability who is respected by everyone.

Each crew should also select a chaplain aide, perhaps a member of the crew who has received a religious award in Scouting. The chaplain aide is responsible for assisting the crew in meeting their responsibility to the 12th point of the Scout Law, as well as working with the Crew Leader and Advisor to ensure the smooth operation of the crew.

The Ranger assigned to serve as a resource for your crew may be either male or female. This person serves as a teacher and a resource for your crew and helps to coach the Crew Leader as well as the entire crew. You and your crew are expected to treat your Ranger with respect, regardless of gender.

Your adult Advisor counsels and advises your Crew Leader and crew. The Advisor assists if discipline is required. With the assistance of your Ranger, your Advisor is responsible for ensuring the safety and well-being of each crew member. **The Advisor lets the Crew Leader lead the crew.**

The entire crew and especially the Crew Leader and Advisor need to effectively relate to everyone in the crew. Crew congeniality is important to crew

harmony. Make it a point to say something positive to each member of your crew at least once a day. Tell each person what he or she did well.

Good communication is crucial to your crew's success. Make sure that everyone participates in determining the objectives for the crew each day. After the evening meal is an ideal time to accomplish this.

Remember, when you are hot and tired, hungry and irritable, so is your crew. Everyone is expected to control personal behavior, especially when the going is tough. The Crew Leader needs to continually monitor the crew's dynamics.

A daily duty roster will help to organize your crew. Each crew member is assigned a responsibility for each day. Jobs should be rotated so that at least one experienced and one new crew member work together. Every job should be clearly defined. Your crew should have a list of all tasks for each job so that everyone knows what is expected. A form is provided with your Crew Leader's itinerary outline upon arrival at Philmont.

### Backpacking – Setting the Pace

If you pack properly, backpacking will be much easier. Practice hikes will help. Your pace is the key to good backpacking. It should be slow enough to allow everyone to keep together without bunching up. Single file is the rule. A steady, constant pace is best. When climbing steep grades, your pace should be slower, but still constant. Always keep your crew together. A medical emergency is the only reason to separate from your crew.

Rest stops should be short and frequent. Any member of the crew can call for a rest stop at anytime. Sixty second rests will let you catch your breath. Learn to rest without removing your pack; if you bend over and loosen your hip strap, you can remove the weight from your shoulders. Deep breathing works best for high altitude backpacking on Philmont.

### Conserving Energy

Use as many energy-saving techniques as possible; nibble snacks and drink plenty of liquids to sustain you throughout the day. On steep ascents, use the "rest step". Place the sole and heel of one foot flat on the ground. Lean forward and momentarily lock your knee. For an instant the bones of your leg and hips will support your weight, allowing the muscles of your thigh and calf to rest. Repeat this sequence with your other foot. Your pace will be slow, but you will save energy and make steady progress up the mountainside.

Use "rhythmic breathing" in conjunction with the rest step. To breath rhythmically, synchronize your breaths with your steps. On moderate slopes, take one breath per step; on steep slopes, take two or three breaths per step to take in more oxygen.

## TIPS ON EQUIPMENT AND CLOTHING

### Tents

Tents must be carried and used while at Philmont. Sudden downpours and gusty winds require appropriate shelter. Every member of your crew should know how to pitch, strike and fold a backpacking tent. Philmont issues the BSA Philmont Backpacker tent. (Footprint 5'6" x 7'6", approximate weight 5.6 lbs.) If you bring your own tent it must be a 2-person tent. Philmont will allow a single person tent in the event of an odd numbered crew. (No bivie sacks).

A 5'6"x7'6" nylon or plastic ground cloth must be used under your tent. Tent mates can share the ground cloth. It is required that everyone sleep in a tent. The use of tents provides protection from weather and also is part of Philmont's Bear and Wildlife safety practice. No food or smellables should ever be allowed inside a tent.

### Map and Compass

Most trails on Philmont are marked at intersections, but they are not so well marked that you can put your map and compass away and forget them. Philmont trail signs often point to geographic features such as mountains, canyons, and streams. At the least, two (2) people share a map and compass. It's best if each camper has their own.

Learn and practice your map and compass skills. You will be able to know where you are at all times and where you are headed. Look at a map. Do you know what the symbols mean? What do the colors—black, brown, blue, green, white, and red—stand for?

Brown contour lines are particularly significant. Depending upon the map, each brown line represents a 20-foot or 40-foot climb; the more lines you cross on an upward route, the tougher the climb. Steep descents are tough, too.

You must be able to orient a map, understand symbols and scale (1:24,000 for Philmont section maps). The BSA "Fieldbook" and the "Orienteering Merit Badge Pamphlet" are excellent resources.

A GPS is encouraged, however, having a GPS does not constitute a primary source of navigation.

### Packs and Frames

A sturdy pack, either external or internal frame, is essential for backpacking at Philmont. All of your personal gear, plus your share of food and crew equipment, should fit inside your pack.

A padded hip belt is essential for your pack. It allows you to transfer the weight from your shoulders and put it on your hips—which can support more weight than your shoulders.

To keep your pack dry at night and while hiking in the rain, a waterproof nylon cover is recommended.

All items in your pack should be neatly organized and packed in plastic bags. Additional bags may be used to carry small packages of food or to organize miscellaneous items.

Your map, compass, sunscreen, rain gear, camera, and first aid kit should be readily accessible. Roll your clothing tightly and pack it snugly inside a plastic bag. Do not pack aerosol cans or glass jars because they are bulky and prone to break or erupt.

Check your pack weight. Twenty to 25 pounds without food is preferred; 30 pounds is generally okay. Comfortable pack weights vary considerably with physical condition, age, and experience. Training will help you find out what weight is best for you. A fully loaded backpack should never exceed 25-30% of your body weight.

### Using a Pack Frame

Your pack will be more comfortable if fitted with a proper internal or external frame. When you have packed your backpack, practice putting it on your back by first balancing it on one knee with the pack straps facing you. Slip your nearest arm through the appropriate strap and smoothly swing the pack behind you, reaching down and back to slip your free arm through the second strap and jiggle your pack into a comfortable position.

With an internal frame pack, heavier items should be packed toward the small of the back. With an external frame pack, heavier items should be packed towards the top of the pack and closest to your body to get the weight over your bone structure so your muscles will not tire easily.

When deciding what equipment to bring to Philmont, always consider each item's usefulness, durability, weight, and bulk. Remember that you are only packing for 11 days on the trail. It has been said that "An ounce in the morning is a pound at night".

If you do not have a good pack and frame with padded hip belt, or do not expect to use them after your trek, you can rent an external frame pack at Philmont for \$18.00.

### Be Prepared for Extremes of Weather

Be prepared for extreme weather variations at Philmont. Afternoon temperatures in low valley can be hot (100 degrees or more), and night temperatures high in the mountains may drop to freezing.

Philmont can be extremely dry and then a sudden downpour will soak everything. Periods of rain lasting several days may occur. Fortunately, New Mexico's low humidity allows wet clothing and gear to dry quickly after the rain stops. Rain occurs most frequently in the afternoon and may last an hour, all night, or several days. Small hail or sleet often accompanies rain. Mountain weather is fickle—anything can happen and often does. Snow is possible, even during the summer.

Weather conditions vary from one area of the ranch to another depending upon elevation, terrain and irregular weather patterns. You should be prepared for all of the above weather conditions.

### **Clothing**

During cold periods, it is especially important to stay dry since wet clothing loses much of its insulative value (90 percent or more). Several light layers of clothing are better than one heavy layer since air trapped between layers of clothing provides a high degree of insulation. As the atmosphere warms you can remove one layer of clothing at a time for proper body heat management.

Keep in mind that wool and synthetics insulate when wet. Down and cotton lose most insulative value when wet. Cotton layers such as sweatshirts and sweatpants drain body heat when wet and dry very slowly.

While the official BSA uniform is highly recommended for use when traveling to and from Philmont and wearing at base camp, you may choose to wear other clothing on the trail. Long pants are recommended for cold nights and are required for horseback riding and pole climbing at logging camps. Shorts and short-sleeved shirts will generally be sufficient during the day; however, a sweater or fleece jacket is necessary for cold mornings and evenings and possible downpours of rain or hail.

To be comfortable and dry during rain, a good quality rain suit is essential. Inexpensive vinyl rain suits or ponchos will not hold up under extended use. **A poncho is not adequate.** You should have a rain jacket and pants.

Lightweight, closed toe shoes are recommended for use around camp and occasionally when hiking. These shoes will also be used when rock climbing, riding horses, and biking. Sandals are not generally acceptable but can be used in campsites only.

### **Glass and Aerosol Containers**

No glass containers or aerosol cans should be carried on the trail. Glass breaks easily and aerosol cans are bulky and may erupt in packs.

### **Money**

Campers spend an average of \$100 at Philmont's trading posts. If major items such as jackets are desired, more money will be needed.

About \$20 should cover most expenses on the trail. Money taken to the backcountry should be in small bills. These expenses may include:

- .30-06 rifle shooting—three shots free; shotgun shooting—three shots free; additional shots must be purchased.
- Youth 10-day fishing license, ages 13-17, cost determined by the state of New Mexico—about \$2.00, applies only to Philmont property.
- Adult fishing license; 1-day, 5-day, or annual—cost determined by the state of New Mexico—about \$17.00, \$29.00, \$61.00 (non resident). Most adults opt for the 5-day license which can be purchased in the backcountry. This requires bringing your driver's license with you on the trail, however.

- Healthy snacks, root beer, film, replacements for damaged equipment, etc.
- Fuel for stoves.

### **Sleeping Bags**

Your sleeping bag should be warm (suitable for temperatures down to 25 degrees), but not bulky or heavy. If your sleeping bag may not be warm enough, long underwear and a stocking cap will increase your comfort on cold nights. When your sleeping bag is packed it should be no more than 20 inches long and 10 inches in diameter, and it should weigh 5 pounds or less. Use a waterproof sack to store your sleeping bag and line the sack with a heavy-duty (4 to 6 mil) plastic bag safely secured to keep your sleeping bag dry even in wet weather.

### **Boots**

A quality pair of broken-in hiking boots are a necessity at Philmont. Your trek may cover uneven rocky areas with many steep trails. Well broken-in boots that fit properly will keep you comfortable and prevent injuries.

When fitting boots, try them on at the end of the day when your feet may be a little larger. Use the same socks you will hike in. With your feet in the boots, and laces loosened, you should be able to place two fingers behind the heel. With your socks on and your laces fully tightened, your toes should not touch the end of the boot, while standing on a 30-degree incline. Don't be surprised if your boot is one size longer and one width wider than your shoe size. Hiking boots for Philmont should be 6 to 8 inches high with a sturdy sole. Be sure to treat your boots for wet weather.

### **Socks**

Two pairs of socks will be more comfortable and prevent blisters. The two pairs should not be made of the same material. Wear a thin inner sock liner and a heavier outer sock. Advisors might consider a knee high inner sock with 8 to 12 mm of compression. Wool blends work very well for the outer sock. Socks made of new materials are available that are worn as a single sock.

### **Stretching**

Hiking at Philmont can be as strenuous as any sport. Proper stretching before and after a hike can make your hike more enjoyable and prevent injuries. This can be extremely helpful for the Advisors and it sets a good example.

### **Caring for your Feet**

Proper foot care starts before you come to Philmont. Make sure all foot problems are addressed by your family doctor or your foot specialist before arriving. While on the trail, you don't want to leave your group due to a preventable foot problem.

Make sure your toenails are cut. Cut them straight across. Clean feet and socks will reduce the possibility of blisters. Wash your feet before and after hiking. Change your socks daily. Always keep you feet and socks dry. Treat

cuts and sores with antiseptic and adhesive bandages or mole-skin when necessary. Hot spots should be given immediate attention.

### Photography

Although optional, a camera will record memorable experiences and beautiful scenes. Some crews select a crew photographer who takes shots for everyone. Another weight-saving scheme is for several crew members to share a camera and have duplicate pictures made at home. If you have one set developed first, you can sort out poor photos before having additional copies made. You will save money as well as weight.

Digital photography can dramatically change your picture taking and sharing ability. Again, be sure to share images with other members of the crew.

### Labels

*Be sure to label all of your clothing and equipment with your name and Expedition Number so you can readily identify what is yours and so any of your belongings lost and found can be returned.*



### Backpacking Stoves

Philmont requires the use of backpacking stoves. They will save time throughout your trek, particularly on wet mornings or when you need to start hiking early to avoid high afternoon temperatures (see page 11).

You must bring your own stoves. Philmont trading posts sell white gas, powermax fuel, varieties of isobutane/propane fuel type canisters, stoves, and spare parts. If your crew uses butane, plan to carry the empty cartridges with you since they create a hazardous disposal problem in the backcountry.

Backpacking stoves must be used with adult supervision and should never be used in or near tents because of excessive fire danger. Bottles designed for fuel (available in the Philmont trading post) should be used to carry fuel. For safety, fuel may be purchased at Philmont rather than carrying it from home. Check the gasket of your fuel bottles to make sure they will not leak. A small funnel is needed for easy transfer of liquid fuels.

If using commercial transportation, check with your carrier regarding regulations for shipping stoves.

One stove per four persons is generally best. Learn and follow these safety tips:

1. Keep fuel containers away from hot stoves and fires. Never use fuel to start a campfire.
2. Let hot stoves cool before changing cylinders or refilling.
3. Never fuel or operate a stove in a tent, building, or dining fly.
4. Place stove on a level, secure surface before operating.
5. When lighting a stove, keep fuel bottles and extra canisters well away, do not hover over stove, open fuel valve slowly, and light carefully. The pressure differential is greater at Philmont's high altitudes.
6. Refill stoves away from open flames. Recap all containers before lighting stoves.
7. Do not overload the stove.
8. Do not leave a lighted stove unattended.
9. Perform stove maintenance regularly, at home and at Philmont.
10. Store fuel in proper containers.
11. Carry out empty compressed fuel containers: they will explode if heated.
12. Use stoves only with knowledgeable adult supervision.

| YOUR PERSONAL EQUIPMENT                                                       | Check | Double<br>Check |
|-------------------------------------------------------------------------------|-------|-----------------|
| <b>Packing</b>                                                                |       |                 |
| pack with padded hip belt (rental available) . . . . .                        | _____ | _____           |
| capacity: external frame—4000 cu in +/-                                       |       |                 |
| internal frame—4800 cu in +/-                                                 |       |                 |
| *pack cover—waterproof nylon. . . . .                                         | _____ | _____           |
| *6 to 12 (gallon size) Ziploc plastic bags to pack<br>clothes . . . . .       | _____ | _____           |
| <b>Sleeping</b>                                                               |       |                 |
| sleeping bag in stuff sack lined with plastic bag . . . . .                   | _____ | _____           |
| sleep clothes—worn only in sleeping bag<br>(T-shirt and gym shorts) . . . . . | _____ | _____           |
| *straps to hold sleeping bag on pack. . . . .                                 | _____ | _____           |
| *foam sleeping pad (closed cell or Thermo-Rest) . . . . .                     | _____ | _____           |
| <b>CLOTHING</b>                                                               |       |                 |
| <b><u>Layer A (Hiking Clothes)</u></b>                                        |       |                 |
| hiking boots—well broken in . . . . .                                         | _____ | _____           |
| lightweight sneakers or tennis shoes . . . . .                                | _____ | _____           |
| *3 pairs heavy socks . . . . .                                                | _____ | _____           |
| *3 pairs lighter inner socks (polypro) . . . . .                              | _____ | _____           |
| 3 changes underwear . . . . .                                                 | _____ | _____           |
| *2 hiking shorts. . . . .                                                     | _____ | _____           |
| *2 short sleeve shirts (not nylon) . . . . .                                  | _____ | _____           |
| *1 hat or cap—flexible, with brim . . . . .                                   | _____ | _____           |
| <b><u>Layer B (Cool Evening)</u></b>                                          |       |                 |
| 1 long sleeve shirt (wool or flannel) . . . . .                               | _____ | _____           |
| *1 long pants, cotton or nylon (not heavy jeans) . . . . .                    | _____ | _____           |
| *1 pair insulated underwear (polypro) . . . . .                               | _____ | _____           |
| <b><u>Layer C (Cold)</u></b>                                                  |       |                 |
| *1 sweater or jacket (wool or polar fleece). . . . .                          | _____ | _____           |
| *1 stocking cap (wool or polypro). . . . .                                    | _____ | _____           |
| *1 glove liners or mittens (wool or polypro) . . . . .                        | _____ | _____           |
| <b><u>Layer D (Cold, Wet, Windy)</u></b>                                      |       |                 |
| *1 sturdy rain suit (A) . . . . .                                             | _____ | _____           |
| <b>Eating</b>                                                                 |       |                 |
| deep bowl (small, plastic) . . . . .                                          | _____ | _____           |
| *cup (measuring style) . . . . .                                              | _____ | _____           |
| *spoon . . . . .                                                              | _____ | _____           |
| *3 or 4 one qt. water bottles (BB, A). . . . .                                | _____ | _____           |

| Personal and Miscellaneous                                        |       |
|-------------------------------------------------------------------|-------|
| *small pocketknife (A). . . . .                                   | _____ |
| *matches and lighter in waterproof<br>container (BB, A) . . . . . | _____ |
| *flashlight (small with extra batteries and bulb) . . . . .       | _____ |
| *Philmont map (A) . . . . .                                       | _____ |
| *compass—liquid-filled (A) . . . . .                              | _____ |
| *2 bandannas or handkerchiefs (BB) . . . . .                      | _____ |
| money (\$10-\$20 in small bills) . . . . .                        | _____ |
| *lip balm (BB, A) (with SPF of 25) chapstick . . . . .            | _____ |
| *soap, biodegradable (BB, S). . . . .                             | _____ |
| *toothbrush/toothpaste (BB, S). . . . .                           | _____ |
| *small camp towel . . . . .                                       | _____ |
| *tampons/sanitary napkins (BB) . . . . .                          | _____ |
| *sunglasses (inexpensive) . . . . .                               | _____ |
| *ditty bag (for personal items in bear bag) . . . . .             | _____ |
| <b>Optional</b>                                                   |       |
| *camera and film or memory cards (BB) . . . . .                   | _____ |
| *whistle . . . . .                                                | _____ |
| watch, inexpensive . . . . .                                      | _____ |
| *fishing equipment/licenses . . . . .                             | _____ |
| *postcards, pre-stamped . . . . .                                 | _____ |
| rubber bands (large for packing) . . . . .                        | _____ |
| *foot powder (BB, S) . . . . .                                    | _____ |
| *note pad and pen . . . . .                                       | _____ |
| *daypack for side hikes (S) . . . . .                             | _____ |

NO RADIOS, CD/MP3 PLAYERS, VIDEO GAME DEVICES OR HAMMOCKS. CELLULAR TELEPHONES ARE DISCOURAGED. DO NOT BRING DEODORANT.

**Code**  
 \*Available at Philmont's Tooth of Time Traders  
 (BB)—Packed together in plastic bag to be placed in bear bag at night  
 (S)—Share with buddy  
 (A)—Easily accessible in pack or carried on person

## CREW EQUIPMENT ISSUED AT PHILMONT

Each crew of 7-12 persons is issued the following equipment free of charge (except for damage or replacement charges when returned)

### Person Responsible

- \_\_\_\_\_ 1 nylon dining fly 12'x12', weight about 4 pounds
- \_\_\_\_\_ 2 collapsible poles for dining fly, weight about 1 pound
- \_\_\_\_\_ 1 BSA Philmont backpacker nylon tent with poles  
(1 per each 2 persons), weight about 5½ pounds
- \_\_\_\_\_ 1 trail chef kit:
  - \_\_\_\_\_ 6 pounds            or:            4 pounds
  - \_\_\_\_\_ 8-quart pot                    6-quart pot with lid
  - \_\_\_\_\_ 4-quart pot with lid            4-quart pot with lid
  - \_\_\_\_\_ 2-quart pot with lid            2-quart pot with lid
  - \_\_\_\_\_ 1 fry pan                            1 fry pan
- \_\_\_\_\_ 1 chef cutlery kit: 1 large spoon, weight about ½ pound
- \_\_\_\_\_ 1 pair hot-pot tongs, weight about ¼ pound
- \_\_\_\_\_ 1 extra 8-quart pot for washing dishes,  
weight about 1 pound
- \_\_\_\_\_ plastic trash bags, salt and pepper
- \_\_\_\_\_ dishwashing soap, hand sanitizer
- \_\_\_\_\_ scrub pads
- \_\_\_\_\_ water purification chemical
- \_\_\_\_\_ 100-foot length of ¼-inch nylon rope,  
weight about 2½ pounds
- \_\_\_\_\_ 3-6 bear bags (for hanging food), weight about 1½  
pounds
- \_\_\_\_\_ plastic strainer and rubber  
scraper, weight about ½ pound
- \_\_\_\_\_ toilet paper

## EQUIPMENT PROVIDED BY CREW

Necessary items of equipment for each crew of 7-12 persons to bring to Philmont or to purchase include these:

- \_\_\_\_\_ 1 sewing kit with heavy thread and needle
- \_\_\_\_\_ \*metal tent pins, 10 per person
- \_\_\_\_\_ \*2-3 collapsible water containers, 2 1/2 gal. each
- \_\_\_\_\_ \*2 or 3 backpacking stoves
- \_\_\_\_\_ \*2 one-quart fuel bottles and funnel
- \_\_\_\_\_ 1 crew first aid kit—see page 38-39 (BB)
- \_\_\_\_\_ \*duct tape for equipment repair (BB)
- \_\_\_\_\_ spices for cooking (optional) (BB)
- \_\_\_\_\_ padlock for your crew locker (extra security)
- \_\_\_\_\_ \*waterproof ground cloth, 5'6"x7'6", 1 per tent
- \_\_\_\_\_ \*3 fifty ft. ¼" nylon cord
- \_\_\_\_\_ \*sunscreen and shampoo (BB)
- \_\_\_\_\_ \*insect repellent—not aerosol (BB)
- \_\_\_\_\_ \*2 or 3 water purifiers/filters (recommended)
- \_\_\_\_\_ 1 multi-type tool
- \_\_\_\_\_ \*Philmont sectional maps
- \_\_\_\_\_ \*1 bottle sunscreen, at least 25 spf (BB)
- \_\_\_\_\_ \*1 camp shovel/trowel

\*Available at Philmont Trading Post

(BB) Packed in plastic bag to be placed in bear bag at night

Additional supplies may be required for your trip to and from Philmont

## ARRIVING AT PHILMONT

In Cimarron, New Mexico, a small, historic town that Kit Carson and Buffalo Bill once knew, turn south off U.S. 64 on NM 21. Cimarron means “wild” or “untamed” in Spanish and echoes memories of a wild and woolly past. After crossing a small bridge over the Cimarron river, you will see a hotel to the left. The St. James Hotel boasts an exciting history. Jesse James, Wyatt Earp, Clay Allison, and other famous gunfighters stayed here. Twenty-six men were allegedly carried from the hotel—feet first!

Across the street is a building once known as Swink’s Gambling Hall. Here Lucien Maxwell, a great land baron who owned 1,714,765 acres, including all of Philmont, bet on one of the Old West’s most famous horse races. Maxwell’s bet was a roulette table piled high with gold. The race is famous because Maxwell warned his jockey to win or he would be shot off his horse at the finish line. He won.

One block west of the St. James stands an old grist mill, built in 1864 and operated by Maxwell. Now a museum, Philmont campers are always welcome. Plan to visit this fascinating museum before or after your Philmont trek.

Just beyond Cimarron you will pass the Philmont boundary marker. The land west of the highway is the buffalo pasture which contains about 4,500 acres and Philmont’s buffalo herd of about 100 head.

Looking to your right, every mountain you see lies on Philmont. As you scan the horizon, you can just see the top of the famous “Tooth of Time”.

Beyond the buffalo pasture, the group of buildings on the right are homes of ranch personnel. Farther back are the barns where Waite Phillips once kept polo horses. The administration offices and homes are next on your left. Warehouses for food and supplies, farm equipment, vehicles, and maintenance shops are located here.

Next on your left is the Villa Philmonte, the magnificent summer home of Waite Phillips. Notice the Spanish-style architecture, high arches, and tile roof. Surrounding the Villa is the Philmont Training Center where Scouting families live in tent cities during weekly training conferences held throughout the summer.

Past the Villa on the left is the Philmont Museum and Seton Memorial Library where interesting collections are exhibited for you to see.

## DAY ONE AT PHILMONT

### Welcome Center

At last you’re here! Drive through the gateway to the unloading area at the Welcome Center, where you will be greeted by a staff member with complete instructions for unloading. Please follow them carefully.

### Meet Your Ranger

After unloading, you will meet your Ranger, a well qualified male or female who has a sincere interest in your group and has been trained to help your crew get started on a successful expedition. The Ranger’s job is to lead you through the Philmont check-in and to accompany you for 2 days on the trail to review camping and hiking skills.

### Philmont Check-In

Before your crew hits the trail, the following steps must be completed:

- 1. Start Hydrating Now**

- 2. Tent Assignment**

You will receive tent assignments at the Welcome Center for your first night at Philmont. Your ranger will show your crew to their assigned tents.

- 3. Your Advisor Picks up the Key to Your Crew Locker**

You will be taken promptly to the Security office where you may reserve a crew locker for safekeeping your belongings. Only your Advisor will have the locker key. All unattended gear and clothing must be stowed in your crew locker (max. 2 lockers per crew) or vehicle when you hit the trail. Nothing can be left in your tent.

- 4. Your Advisor Meets the Registrar**

Your contingent leader or Advisor will meet a registrar in the Camping Headquarters office to finalize fee payments. A completed roster and photo talent release roster of participants must be turned in at this time and certificates shown for first aid, CPR and tour permit. Philmont requires that at least one person (preferably two) in each crew be currently certified in American Red Cross Wilderness First Aid Basic and CPR or the equivalent. A large envelope for storing extra money and valuable papers will be issued here. When you have deposited these items, your Advisor will return the envelope to the registrar to store in a safe while you are on the trail.

- 5. Your Leaders Visit Logistics Services**

Your adult Advisor and Crew Leader will meet one of the itinerary planners at Logistics Services to finalize arrangements for your program, food pickups and bus transportation. Your Crew Leader should bring a Philmont wall map to mark your route and campsites. You

will be given a copy of your selected itinerary as a souvenir of your Philmont adventure.

#### **6. Your Crew Photograph**

A Philmont photographer will take the picture and color prints (8"x10") will be available when you return from the trail. Each person will receive one photo free. The photographer will record the crew order. The BSA uniform or crew uniform is appropriate dress.

#### **7. Medical Recheck**

A medical recheck will be given to all crew members. Your ranger will give you the procedures for this required recheck. Participants who do not satisfactorily complete this recheck will be sent home at their expense. Participants must not exceed the maximum weight/height chart. You will need to bring any medication with you to the recheck.

#### **8. Laundry – Trail Equipment – Trail Food Issue – Mail**

Dirty clothing may be laundered at Philmont's self-service Laundromat. One or more crew members should be assigned to bring all the crew's dirty clothes to the laundry. All clothing should be marked with your names in indelible ink and any loose patches or insignia should be removed to save time and confusion for everyone. Laundry soap and supplies are available from the Tooth of Time Traders or the Laundry.

Trail equipment including tents, poles, cutlery kits, cooking pots, etc., will be issued to your crew from the trail equipment section of the Mabee Services Building. Your first trail food will be issued in this complex also. The Crew Leaders' copy of your itinerary must be presented to draw your trail food.

Just before leaving the Mabee Services Building, your Advisor or Crew Leader should pick up your mail.

#### **9. Shakedown**

In a place designated by your Ranger you will unpack everything. Your ranger will review the necessary items and demonstrate the best methods of packing at Philmont. Store excess items in your crew locker or vehicle.

*PLEASE NOTE:* After leaving Camping Headquarters, there is NO opportunity to return excess baggage. If you have doubts about taking certain items, discuss them with your Ranger. Your Ranger will not take any gear from the trail.

#### **10. Your Crew Reporter Visits News and Photo Service**

Before departing for Philmont, your crew should select one member to serve as its reporter. The reporter should contact local news media and arrange to have one or two articles about your Philmont expedition

published. Philmont's News and Photo Service will furnish helpful hints and other information for news articles to your reporter. Bring an email address for your local paper to submit an article while at Philmont.

#### **11. Tour Camping Headquarters – Tooth of Time Traders**

As time permits, your Ranger can give you a tour of Camping Headquarters. Tours of the Villa Philmonte can be scheduled at the Philmont Museum.

Your tour should include a visit to the Tooth of Time Traders, where a complete supply of Scout uniforms and equipment, Philmont items (patches, belts, buckles, wool jackets, maps, etc.) and other souvenirs are available. You will have another opportunity to visit the trading post when you return from the trail.

#### **12. Headquarters Dining Hall**

In Camping Headquarters, you will eat in the dining hall. The menus are well-balanced and nutritious.

#### **13. Advisor's Meeting/Crew Leader's Meeting/ Chaplain Aide's Meeting**

Separate meetings will take place for Advisors, Crew Leaders and chaplain aides. Topics will include: current backcountry conditions as well as tips to improve your expedition.

#### **14. Religious Services**

Chaplains of Jewish, Protestant, Catholic, and LDS faiths conduct services at Camping Headquarters beginning at 7 p.m. Your crew is encouraged to attend (see page 52). The Tooth of Time Traders and Snack Bar will be closed at this time.

#### **15. Write Home – Call Home**

After supper is a good time to write home. Your parents will enjoy hearing from you. (Philmont postcards are available at the Tooth of Time Traders.) Phones are available in base camp.

#### **16. Opening Program**

Your first evening program at Philmont is a pageant of the "Philmont Story", a historic narrative of the Southwest. Your Philmont adventure begins here. Warm clothing is recommended for this and all evening programs

#### **17. A Good Night's Sleep**

Following the evening program, quietly return to your tent for a good night's sleep. Tomorrow you hit the trail!

#### **18. Security and Lost-and-Found**

Philmont employs a seasonal staff to assist with lost and found, issue

crew lockers, and provide security. Do not leave valuables in tents  
– Philmont is not responsible for lost or stolen items.

## DAY TWO AT PHILMONT

### At Headquarters

After breakfast, check out of tent city and report to the Welcome Center at the time scheduled for your departure.

### Enroute to Starting Camp

A Philmont bus will take your crew within hiking distance of your starting camp. Be prepared to hike to your camp.

### Starting Camp

Here your Ranger will work with you on:

- Mountain hiking and camping skills
- Map and compass navigation
- Adjusting to high elevations
- Trail and personal safety and first aid
- Lightning Safety
- Stove and liquid fuel safety
- Fire building and extinguishing (conditions permitting)
- Cooking dehydrated menus at high elevations
- Water purification process
- Camp and personal sanitation
- Wilderness Pledge—your personal commitment
- Conservation and environmental awareness
- Low-impact and minimum-trace camping skills and techniques
- Bear, Mountain Lion and wildlife procedures



**Horse Brand**

## DAY THREE AT PHILMONT

After a good night's sleep and a good breakfast in starting camp your Ranger will hike with you on the first leg of your Philmont trek. Your Ranger will be on hand to assist you and will offer constructive ideas on how to sharpen your camping skills. When your crew has achieved reasonable proficiency in hiking and camping skills, your Ranger will leave you (usually early in the morning of your fourth day). Then you are strictly on your own.

### Hiking on Philmont

Philmont abounds with picturesque hiking areas. Every section of the ranch has many opportunities for stimulating and beautiful hikes. Take time to enjoy those scenic panoramas, delicate wild flowers, rippling streams, majestic peaks and towering trees. Some of the most beautiful scenery is along little-used trails and remote trail camps. When your crew is quiet you may see wildlife including deer, turkey, porcupine, elk, bobcat, coyote, badger, and bear. Be sure to record the animals you see on your wildlife census card.

Hiking on Philmont is often difficult. Weighty packs, steep trails, and high altitudes challenge even the best backpackers. Remember, **your trek is a team effort**. Stronger hikers are expected to help weaker ones. Faster hikers should hike near the end of the line and encourage the slower ones in front. **Your crew should always hike together, within hearing of one another.** This avoids the terrifying experience of someone being lost. Due to risks involved, Philmont strongly discourages hiking at night.



**Cattle Brand**

## CAMPING AT PHILMONT

Camping is the major activity at Philmont. You will camp every day on your trek at Philmont—camps that vary from vast meadows to narrow valleys and lofty mountain tops. Elevations at some camps are less than 7,500 feet; others exceed 10,000 feet. Your itinerary will include several different types of camps, such as starting, staffed, trail, and dry camps.

Rangers are the only staff in starting camps. Here you will receive ranger training and become further oriented and acclimated to Philmont.

Staffed camps are supervised by a camp director and program counselors to present unique program features (see page 40-48). All staffed camps have water supplies and two-way radio communications with the Philmont Logistics Services. Commissaries, trading posts, and showers are available at some staffed camps. See the Itinerary Guide for detailed information on camp facilities.

Trail camps have water but no staff. Here you are completely on your own. All itineraries include several trail and/or dry camps. They are part of your Philmont experience. See the Itinerary Guide for ideas about what to do in trail camps.

Dry camps have no water and no staff. They are used because they provide scenic vistas, pleasant campsites, and valuable training. Vast stretches of the great Southwest are dry, and early pioneers traveling the Santa Fe Trail in covered wagons had to conserve every cup of water. Sometimes they had to drink the blood of their oxen and other animals to survive. You will not have to endure this much hardship, but you may need to carry water for several miles before arriving at your dry camp. Check your itinerary to determine the closest place to get water.

All campsites are clearly designated with numbers routed into wood blocks nailed to trees. Check your map and use a compass to be sure you're at the right place. Most camps are designated by rectangular trail signs with the camp name. Look for a map of campsites that is posted in trail camps; sometimes the best campsites are secluded. The map will help you locate them.

### Fire Points

Metal fire rings have been established at all camps. They are to contain the fires, reduce possibilities of forest fire, limit amounts of wood burned, establish campsites in the most desirable locations, eliminate unnecessary fire lays, and designate the place for all cooking. Do not scar the beauty of Philmont camps by creating unnecessary new fire lays or enlarging existing ones. Keep your fire small—it will be easier to extinguish. Conditions may ban the use of wood fires. Stoves are required.

### Cooking—Food Pickups

Ten different trail menus are issued. Packaged in durable, disposable poly bags, these lightweight trail meals have been carefully developed and checked for quality and quantity for rugged mountain hiking and backpack-

ing needs of energetic young people and leaders who hike Philmont trails. Concentrated foods do not always look or taste the same as fresh, frozen, or canned foods, but when properly prepared they are appetizing and nourishing. Your crew may find it helpful to practice cooking freeze dried/dehydrated food before your trek begins.

Explicit cooking directions are indicated on each food packet for your convenience. Follow these instructions closely. Remember, make allowances for high-altitude cooking.

High-altitude cooking is different than at lower elevations—it takes longer. At 7,000 feet, which is low at Philmont, water boils at 199°F. At 9,000 feet, a typical Philmont elevation, it boils at 195°F and at 11,000 feet, a high Philmont elevation, it boils at only 191°F. Water at higher elevations is generally colder, requiring more time to boil. By keeping your pots and food and water covered, you can decrease the heat loss and reduce your cooking time. To overcome this loss of time due to high altitude and cold water, you should organize your meal preparation procedures well.

When planning your trek, a Philmont itinerary planner will designate camps where you will pick up food. Normally, you will carry a 2-3 day supply—sometimes 4, depending on your itinerary. Each camp commissary staff will issue you specific menus according to a prearranged plan. This plan enables your crew to eat a different menu each of your 10 days on the trail. Philmont trail food is by necessity a high-carbohydrate, high-caloric diet. It is high in wheat, milk products, sugar and corn syrup, and artificial coloring/flavoring. If an individual is allergic to some food products or requires a special diet, suitable trail food must be purchased at home and brought to Philmont. Lightweight, non-perishable, low bulk foods are recommended for backpacking. Package each day's meals separately and write the person's name and Expedition Number on each package. Upon arrival at the ranch, give the food to your Ranger who will take it to Logistics. Arrangements will be made to transport it to the appropriate backcountry commissaries for your crew. There is no fee reduction for individuals who bring their own food.

Appropriate substitutions can be arranged for food served in the dining hall by speaking with the dining hall manager upon your arrival at Philmont.

Philmont asks that food substitutions be requested only for medical (including allergies) or religious reasons. Your cooperation is appreciated. If there is any question about food substitutions, please contact Philmont by telephone (575-376-2281) or in writing. All food shipped to the backcountry is subject to inspection to insure best delivery method.

## **PRESERVING THE PHILMONT WILDERNESS**

Philmont is a magnificent wilderness camping area with an immense network of trails and camps tied together by service roads designed for service and protection of both campers and land.

Since 1938, thousands of young people have enjoyed the great scenic beauty of Philmont's mountain terrain and experienced the unique and memorable programs of its staffed camps. However, in the past, a number of inconsiderate and impolite Scout campers, employing improper camping methods have marred certain areas of this magnificent land. Consequently, Philmont asks all campers and their Advisors to commit themselves to good Scout camping and genuine wilderness understanding.

Each camper and Advisor will be asked to sign the Philmont Wilderness Pledge, which declares that he or she will do everything possible to preserve the beauty and wonder of the Philmont wilderness and its facilities through good Scout camping. It is expected that Philmont campers will carry this pledge to all camping areas that they might visit throughout America.

### **WILDERNESS PLEDGE**

The major areas of emphasis involved in the Philmont Wilderness Pledge are:

#### **Litter and Graffiti**

Each camper should make sure that all trails and campsites are left neat and clean, including Camping Headquarters, shower and tent areas.

While litter can be picked up, graffiti often permanently defaces BSA property and detracts from the "Philmont experience". Do not contribute to this problem.

#### **Wildlife**

Respect Philmont's wildlife, including livestock. Follow all guidelines regarding food handling and trash disposal. Never feed or harass wild animals.

#### **Water**

You are in a land where water is scarce and very precious. Conservation and wise use of water has been practiced since the first person entered this land. Use water properly; never bathe or do laundry or dishes in or near a spring or stream. Do not disturb or throw rocks in springs, or touch any solar pumps. They are easily damaged and the flow of water can be disrupted. Everyone needs water, and you should leave each spring and stream as clean as you found it.

#### **Trails**

Pledge to respect Philmont trails. Do not cut green boughs or trees, or mark on them. Do not cut across switchbacks, and do not alter or change trail signs.

#### **Campsites**

Each crew is responsible for leaving a neat and orderly campsite, whether it be in Camping Headquarters, staffed camps, or nonstaffed camps. Your

campsite should be left litter-free with its latrine and sump clean. Fires, if permitted, must be left DEAD OUT and then cleaned of debris before you leave. Do not trench tents; pitch them on high ground. You should respect the feelings of those crews camping near you and those that will come after you.

Philmont serves over 20,000 Scouts, Venturers, and leaders each year. Consequently, some trails and camps are subjected to heavy use. Nevertheless, it is not the wear of so many pairs of boots that mars Philmont. It is the carelessness and thoughtlessness of inconsiderate campers. It is our sincere hope that through your commitment to the Philmont Wilderness Pledge and Leave No Trace principles, Philmont will always remain a beautiful and clean place to enjoy high adventure.

## **REPORT ARTIFACTS**

Philmont is a natural outdoor biological, geological, archaeological, and historical laboratory and museum. Countless varieties of rock, plants, and animals are found here, as well as abundant evidence of past human habitation from prehistoric Indians (arrowheads, potshards, grinding stones, etc.) to old mining camps (bottles, cans, equipment, cabins, etc.). Specimens of plants, animals, or artifacts, such as mentioned above, are to be observed and left where you discover them, not collected and removed from Philmont. Reports of discoveries are helpful in reconstructing Philmont's archaeological and historical past. These should be put in writing and left at the Philmont Museum.

## **SAFE AND HEALTHY CAMPING AND HIKING**

Strict adherence to proper health and safety practices is crucial at Philmont. Campers are responsible to themselves for remaining strong and healthy. Failure to purify water or to rinse dishes thoroughly may affect everyone in the crew. Health and safety are a crew responsibility, as well as an individual one. Here are some wise trail practices that will help keep you and your crew strong, safe, and healthy.

### **Dehydration**

Low humidity and strenuous activity cause your body to lose enormous amounts of fluids. You will dehydrate even though you do not feel thirsty. You need to drink more water than you usually do. Six to eight quarts per day is not excessive. The salt content of Philmont's menus is adequate to replace your loss of salt from sweating. Salt tablets are not recommended.

Symptoms of dehydration include light-headedness, dizziness, nausea, general weakness, muscle cramps, and sometimes fever and chills. Hot, clear days accelerate loss of body fluids. Plan to hike early in the morning to avoid the intense heat of midday and potential dehydration problems.

### **Heat Exhaustion**

Prolonged physical exertion in a hot environment may cause heat exhaustion. The subject may feel faint and have a weak, rapid pulse. Body temperature usually remains near normal. The afflicted person should rest in a comfortable environment and drink fluids.

### **Heat Stroke**

Though less common than heat exhaustion, heat stroke is much more serious. The body's cooling mechanisms stop functioning from overwork. The patient's body temperature soars and the skin is hot, red, and dry. Cool the patient immediately with a dip in a stream or put him/her in the shade and drape bare skin with wet cloths. When the patient is able to drink, give fluids. Treat for shock and get help.

### **Keep Personally Clean**

Good campers are clean. Personal cleanliness will make you feel better. Take pride in the personal appearance of yourself and your crew. Your appearance will be compared with that of other crews from all parts of America. A short haircut is recommended the day before you leave for Philmont. Short hair is easier to wash and comb when you are in the rugged, challenging wilderness. Showers are available at Indian Writings, Ponil, Dean Cow, Baldy Camp, Sawmill, Cimarroncito, Clarks Fork, Cyphers Mine, Beaubien, Phillips Junction, Miners Park, Abreu and Zastrow (except during drought periods). Sponge baths can be taken at most camps.

### **Caring for Your Feet**

Proper foot care will keep your feet healthy. Cut your toenails short and square—don't round the corners. Clean feet and socks will reduce the possibility of blisters. Wash your feet before and after hiking. Change your socks daily. Always keep your feet and socks dry. Treat cuts and sores on your feet with antiseptic and adhesive bandages or moleskin. Hot spots should be given immediate attention.

### **Wash Your Clothes**

The mark of a first-class backpacker is clean clothes. You can wash clothing at shower houses. They will dry quickly in Philmont's low humidity.

### **Hyperventilation**

A feeling of panic accompanied by rapid breathing with shallow breath is symptomatic of hyperventilation. The subject loses carbon dioxide from the bloodstream and may become numb around the mouth and in the extremities. If untreated, the person may experience violent spasms in the hands and feet and even lose consciousness. Hyperventilation occurs fairly frequently, especially to teenagers and young adults when undergoing strenuous activity at high elevation.

Although it is usually not serious for an otherwise healthy person, the symptoms of hyperventilation can be frightening to the subject and the crew. The

most effective treatment is to have the subject re-breathe his or her own air from a plastic or stuff sack. The higher concentration of carbon dioxide in re-breathed air will enter the lungs and in 10-20 minutes get into the person's bloodstream and restore a normal balance. Reassure the subject and tell the person to take long, deep breaths from the bag.

### **Hypothermia**

Hypothermia results from exposure to cold, wet weather, with most cases developing in air temperatures of 30° to 50°F (common in Philmont's high country). Wind, wet clothing, or exhaustion increase the chance of hypothermia. Always carry rain gear with you on side hikes. Symptoms include faltering coordination, slurred speech, loss of good judgment, disorientation, numbness, and fatigue. Wet clothing must be replaced with dry, preferably wool or polypropylene clothing. Apply heat to the head, neck, sides, and groin with hot-water bottles, warm, moist towels, or the bodies of two other persons. Put the subject in a sleeping bag and give hot sugary liquids if able to drink without choking. Do not rub the subject's body, as that may cause injury.

### **Sunburn**

Prevent sunburn by wearing a broad-brimmed hat and applying a high-numbered sunscreen—at least 25 SPF. Cover the most susceptible parts of your body—nose, head, face, neck, ears, knees, and legs. Fair-skinned campers should apply protection early in the morning and reapply it during the day. If you do become sunburned, treat it immediately. Get the afflicted person to shade, and administer fluids. The incidence of developing skin cancer is fairly high among people who have been severely sunburned during childhood. Taking preventative measures is a wise precaution.

### **Acute Mountain Sickness (AMS)**

Participants who live at less than 3,000 feet elevation may require 2 to 3 days, or more, to adapt to a higher elevation above 6,000 feet. Teenagers and young adults have a higher incidence of acute mountain sickness (AMS). A gradual ascent of not more than 1,000 feet per day above 6,000 feet elevation will help prevent AMS.

Physical symptoms of AMS include headache, insomnia, fatigue, shortness of breath, lassitude and intestinal upset. Psychologically, a person may become irritable and have difficulty concentrating. AMS usually occurs at elevations in excess of 6,500 feet—all of Philmont qualifies.

Descending to a lower elevation, avoidance of strenuous activity and taking aspirin for headache may relieve the symptoms of AMS.

If this is not successful within 24 hours, the subject may need to be transported to base camp. While regular physical conditioning prior to the trek is beneficial, it does not prevent the development of AMS.

## **Protection from Hantavirus**

Hantavirus is thought to be the cause of respiratory distress syndrome. This illness has affected persons in most western states. Rodents are the primary carriers of recognized hantavirus. It is believed that hantavirus is carried in the urine, feces and saliva of deer mice, rabbits and possibly other wild rodents. A person contracts hantavirus by coming into contact with rodent feces, urine, saliva or things that have been contaminated by them. This illness is not suspected to be spread from one person to another.

All participants and staff engaged in hiking and camping should take the following precautions to reduce the likelihood of exposure to potentially infectious materials.

- Avoid coming into contact with rodents and rodent burrows or disturbing dens (such as pack rat nests).
- Do not pitch tents or place sleeping bags in areas in proximity to rodent feces or burrows or near possible rodent shelters (e.g., garbage boxes or woodpiles).
- Do not use or enter cabins or other enclosed shelters that are rodent infested until they have been appropriately cleaned and disinfected. Report these to the next staffed camp.
- If possible, do not sleep on the bare ground. Use tents with floors.
- Store food in a bear bag hung from a cable.
- Properly package all garbage and trash, and discard in covered trash containers at staffed camps.
- Use only water that has been disinfected by boiling, chlorination, iodination or purification for drinking, cooking, washing dishes and brushing teeth.

## **Accidents**

Most accidents occur late in the day in camp, not on the trail. Many of them involve horseplay. Fatigue, mild dehydration, and altitude effects may impair a crew member's performance and judgment. Rock throwing, improper use of equipment, foolishness in hanging bear bags, climbing steep rocky ridges, running through campsites, climbing trees, and carelessness around fire lays are prevalent causes of accidents. To avoid them, individual and crew discipline should be maintained and safety practiced in all activities.

## **Stress and Group Dynamics**

A ten-day trek in the rugged Philmont terrain sometimes produces mental and emotional stress, especially for members of crews whose training and preparation back home has been minimal.

Each crew is subjected to physical demands such as carrying a 35-50 pound backpack; gasping for breaths at high elevations; facing weather conditions varying from hot, blazing sun to cold, wet, foggy periods of several days; and getting started on camp chores early and doing them efficiently to participate in programs at the next staffed camp. These physical demands can create irritability and mental stress.

Personality differences and minor internal crew conflicts sometimes produce emotional stress. Each crew member should ask, how can I eliminate or reduce my habits that may be offensive to others? Good leadership on the part of the Crew Leader can help reduce the potential for conflicts. The Crew Leader should 1) discuss alternative choices with the crew, 2) listen to each crew member's ideas, 3) make decisions in the best interest of the entire crew, 4) assign duties to implement those decisions, 5) evaluate how the crew did with input from each individual. Giving objective feedback based on observed behaviors rather than directing it to a specific person or persons can be extremely beneficial in resolving conflicts.

If stress is beyond the capabilities of the crew to manage, contact the nearest staffed camp for help. Depending upon the circumstances, a camp director or Philmont chaplain may be called in to assist. If a serious conflict develops, a camp director or chaplain has better success in helping the crew overcome it when called early, instead of allowing it to escalate.

## **Purify All Drinking Water**

All water from all sources—including springs, streams and wells—must be purified.

The most certain treatment to purify water is to heat it to a rolling boil. Philmont provides Micropur tablets that release chlorine-dioxide that is effective to kill waterborne bacteria and viruses that cause disease.

Philmont recommends that you use a purifier. (Purifiers remove giardia, bacteria, cryptosporidia and viruses – filters do not remove viruses.) If using a filter you must also use additives or boiling to kill all viruses. You must bring extra cartridges and spare parts.

## **Dishwashing Procedure**

After each meal scrape and wipe dishes, utensils and pots as clean as possible using toilet paper. Wash using a mild, biodegradable soap in warm water. Use scrub pads to remove hardened food remains. Rinse them in boiling water. Before each meal sterilize dishes, utensils and pots for at least 30 seconds in boiling water. This disinfects any contamination from being in a pack.

Dishes and utensils will air dry quickly in Philmont's low humidity. Wash your dishes near a sump, not a water spigot which may contaminate the area. Proper washing, rinsing and sterilizing of dishes and utensils will prevent diarrhea, dysentery and a host of other medical problems.

## **Use of Sumps**

When disposing of waste water, drain it through a strainer provided by Philmont. The water should be disposed of in a provided sump or at least 200 feet, from any campsite or water source. Solid matter should be carried to the next staffed camp.

### **Disposal of Trash and Garbage**

Proper disposal of trash and garbage insures a clean camp and protects everyone's health. Do not bury garbage or dump it in latrines; bears and rodents will soon retrieve it. Put trash and garbage in a plastic bag and give to a staff member at the nearest staffed camp. Philmont asks that you compact your trash as much as possible to reduce the volume before giving it to a staffed camp.

### **Latrines**

Pit latrines are provided for your use in backcountry camps. They should be kept clean and free of graffiti by members of your crew. At other locations you may need to dig a cathole latrine. Make it at least 200 feet from any trail, water, or campsite. Dig the hole about 6 inches deep, but no deeper than the organic topsoil. After use, fill the hole completely, pack and mound the earth to avoid erosion. Garbage and trash must not be put in any latrine because animals will dig it out.

### **Prevent Forest Fires**

Our forests are a beautiful and valuable heritage. Philmont's dry climate requires everyone's cooperation to prevent forest fires. The United States Forest Service points out that good outdoorsmen follow these practices when using fires:

1. Never build a fire against a tree, stump, root, or log as it may be difficult to control or put out.
2. Avoid building a fire on a grassy area, as this destroys one of our most valuable assets. Grass will not grow for several years on a fire spot. (At Philmont always use established fire rings.)
3. Rake up flammable material before building a fire.
4. Never toss a match away. Put it in the fire or hold the match until it stops smoking, then break it between the thumb and fingers of one hand and step on it.
5. Never leave a fire unwatched, even for a few minutes, particularly on a windy day.
6. Never try to put a fire out by scattering it.
7. Put out your fire with sand, damp earth or, best of all, water. After the first soaking, stir the ashes with a stick and add more water, then feel it with your hands to make sure it is out.
8. Keep in mind the forest and wildlife resources and, possibly, human lives you are protecting by your care in handling fire.

Be alert for wildfires. If you see white smoke boiling up, you may have spotted a forest fire. Prairie fires spread quickly and their smoke is sweeping. If you spot a fire or think you have, report it to your Advisor, who will report it to the nearest camp director or staff member as soon as possible. Your crew should not attempt to fight wildfires and should quickly leave the area. Trained fire fighters will extinguish fires quickly once they are reported.

### **Tobacco**

Our Scout Oath reminds us to keep ourselves physically strong. The use of smokeless or smoking tobacco adversely affects the body and causes cancer. Because of the ever-present forest fire danger, smoking is not permitted on Philmont trails. If adults must smoke in the backcountry, do it in an established camp near a fire ring. No smoking is permitted in Camping Headquarters except the designated area: porch of Advisors Lounge. Staff are limited to designated areas.

### **Alcohol and Drugs**

Possession or use of alcoholic beverages and unprescribed drugs or misuse of prescribed drugs or chemicals are expressly prohibited. Groups or individuals found in violation of this national Boy Scouts of America policy will be sent home immediately as arranged with the responsible council or parent.

### **Firearms and Fireworks**

Firearms are not allowed at Philmont except those furnished on designated rifle ranges. Do not bring firearms or archery equipment with you. If you cannot avoid bringing weapons with you, they must be checked in at the Camping Headquarters office during your stay.

Shooting fireworks at Philmont is prohibited. They are a great fire and safety hazard and must not be brought with you.

### **Climbing**

Falls from cliffs and rocky ridges are the most serious accidents that occur at Philmont. Campers should be constantly alert to this very present danger when climbing steep, rocky, mountain slopes. Common sense will enable you to differentiate between difficult and dangerous areas and to bypass dangerous areas completely.

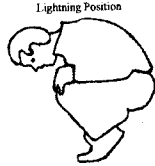
Philmont conducts rock climbing at three staffed camps. These are the only places where rock climbing is to be done, and then only under the supervision of Philmont rock climbing staff.

Avoid throwing or rolling rocks. This is particularly dangerous in steep country. There may be other hikers below you. The "A-B-C" of mountain climbing is Always Be Careful.

### **Beware of Lightning and Flash Floods**

The summits of mountains, crests of ridges, slopes above timberline, and large meadows are extremely hazardous during lightning storms. If you are caught in an exposed place, quickly descend to a lower elevation, away from the direction of the approaching storm, and squat down or kneel down on a pad, keeping your head low. A dense forest located in a depression provides the best protection. Avoid taking shelter under isolated trees or trees much taller than adjacent trees. Stay away from water, metal fences and other objects which will conduct electricity long distances.

By squatting or kneeling on a pad with your feet close together you have minimal contact with the ground, thus reducing danger from ground currents. If the threat of lightning strikes is great, your crew should not huddle together, but spread out at least 30 feet apart. If one member of your crew is jolted, the rest of you can give assistance. Keep track of one another by numbering off in a loud voice from time to time. Whenever lightning is near, take off backpacks with either external or internal metal frames. Be sure to pitch your tents in an area that is protected from lightning strikes.



Small streams can become raging rivers in a few minutes or even seconds. It is important to be alert to the possibility of flash floods and take steps to avoid a dangerous encounter. Pitch your tents on higher ground. During and after periods of heavy rain, stay away from natural drainage areas. Never attempt to cross a stream that is over knee keep on anyone in the crew. Retreat to the nearest staffed camp and request an itinerary change. Always know where you are and how to get to higher ground. Watch for indicators of flash flooding such as an increase in the speed or volume of stream flow. Stay out of flood waters and narrow canyons.

#### **What to Do When “Confused”**

When your crew hikes together, stay close to each other, rather than spreading out over a long distance on the trail. This will lessen the chance of anyone becoming confused. By using a map and a compass with reasonable proficiency, you will always know where you are.

Never allow one member of your crew to leave camp or side hike alone. Follow the “rule of four”—always hike together in groups of four or more. If one person is injured, one treats the injured and the other two go for help. Philmont has many trails. If you become confused, it is best to stay put. Make camp at a safe place, build a fire, and keep it going. This may help a search party. Prepare your crew for a comfortable night. Extra food can boost the morale of a confused crew.

#### **Bears**

Bears are a unique and natural part of the Philmont environment. Like all wild animals they must be treated with respect. The black bear is not normally aggressive and many crews will not even see one.

Anything with an odor (except the human scent) may attract bears. It does not matter if the odor is food-related. Any odor may generate a curiosity in a bear which may result in a closer examination of that odor. At Philmont, all items

with a smell are placed in a bear bag and hung at night or during the day when participating in program. It would be useful for each member of the crew to have their own ditty bag with their personal smellables in it to put in the bear bag. A few of these items are food, soaps, toothbrushes and toothpaste, lip balm, sunscreen, mosquito repellent, film cartridges, and first aid kits.

Good Scout camping practices are the best way to avoid contact with the bears. Avoid carelessness that results in improperly disposed food. Burn or store all uneaten food in a bear bag. Do not put uneaten food in a latrine. Cook close to the fire ring and away from the sleeping area. Clean up only at the sump. Never eat food in a tent—the odor remains after the food is gone. Tents must be used for sleeping.

Human scent does not attract bears. The superficial application of scented lotions, soaps, deodorants, shampoo, or spilled food may however, attract the attention of bears. Washing the body with various products should be done before mid-afternoon so that the residual smells have dissipated before night. Avoid perfumed products with strong odors. Any clothing on which food has been spilled must be placed away from the sleeping area at night. No deodorant on trail.

If a bear does visit your campsite, stay away from it and make noise. Protect your food by hanging it from a cable erected by Philmont for that purpose. Crews that stop for a program or a conservation project should check with staff for bear procedures. Crews hiking into the Valle Vidal area off Philmont will need an extra rope for hanging bear bags. In Philmont camps the weight of the rope alone is sufficient to carry it over the cable. In the Valle Vidal, where there are no cables, crews will be instructed to put several handfuls of dirt in a bandanna, tie the corners and attach it to the bear rope for a weight. Never risk injury by attempting to protect your food or equipment from a bear.

When you arrive at Philmont, your ranger will thoroughly train you on those camping practices that are most effective in keeping wildlife away from your camp.

#### **Avoid the Plague**

Rabies and bubonic plague are potentially transmitted by rabbits, bats, ground squirrels, chipmunks, and other rodents. Do not handle any animals. Do not feed any animals.

#### **Rattlesnakes**

Some parts of Philmont are inhabited by prairie rattlesnakes. They generally live at elevations below 8,000 feet. Prairie rattlers are not aggressive unless provoked and usually sound a warning rattle before striking. If you see one, give him a respectful distance. Rattlesnakes are beneficial in controlling rodent population. Do not attempt to kill one yourself—report it to the nearest staff member. Rattlesnake bites are rare at Philmont.

## Insects

During wet periods mosquitoes take a new lease on life and they love to feast on young blood. Caution should be taken to prevent possible infection by West Nile Virus. Insect repellent is recommended for the trail. There are bees and wasps at Philmont. If you are allergic to stings, be sure you have proper medication and that a crew member is informed of your condition and what treatment you may require.

## MEDICAL TREATMENT

Each crew carries its own first aid kit to treat minor cuts, bruises, scratches, and burns. Philmont requires that at least one person (preferably two) in each crew be currently certified in American Red Cross Wilderness First Aid Basic First Aid and CPR or the equivalent. More serious cases must be treated by Philmont's medical staff, which includes doctors, nurses and medical students. All staffed camps have two-way radios for reporting serious illnesses and injuries to the Health Lodge; this is done by the camp director. The nature of the injury and the patient's location determine whether to transport to Headquarters or a medical staff member goes to the patient.

Everyone who gives first aid when blood or body fluids may be present must wear latex gloves. Anyone who comes into contact with body fluids or substances should immediately wash with soap and water skin surfaces that came in contact with body fluids. Report it at the next staff camp so that they can contact the Health Lodge.

Several Philmont employees are certified by the New Mexico State Police to serve as Field Coordinators for search and rescue operations. When necessary, Philmont can request resources from throughout the state of New Mexico and adjacent states including trained search and rescue personnel (in addition to the Philmont staff), search dogs, trackers, helicopters and other support. Philmont has written plans for managing different types of emergencies that may arise. Staff are trained in how to respond to emergencies that are most likely to occur.

The most common injuries and illnesses treated at the Philmont Health Lodge are:

|                              |                                    |
|------------------------------|------------------------------------|
| Sprains (knee or ankle)      | Sore Throat                        |
| Abrasions/Lacerations        | Upset Stomach                      |
| Upper Respiratory Infections | Hypertension (high blood pressure) |

First aid providers should be knowledgeable in recognizing and treating these ailments.

These items are recommended for a first aid kit to be used by a crew enroute to, during and returning home from a Philmont trek.

|                            |                          |
|----------------------------|--------------------------|
| Band-aids (assorted sizes) | Moleskin/Molefoam        |
| Gauze pads 3"x3"           | Second Skin              |
| Adhesive tape 1"x5 yd.     | Antihistamine (Benadryl) |
| 4" Elastic bandage         | Cold caplets             |

|                                                          |                     |
|----------------------------------------------------------|---------------------|
| Disposable alcohol wipes                                 | Small bar soap      |
| Sunscreen lotion (25 SPF or above)                       | Ana-Kit (if needed) |
| Antibiotic ointment (Mycitracin, Terramycin, polysporin) | Triangular bandage  |
| Steroid cream (Hydrocortisone. Cortaid, Lanacort)        | Oval eye patch      |
| Insect repellent (containing DEET)                       | Needle              |
| Acetaminophen (Tylenol or Panadol)                       | Scissors            |
| Ibuprofen tablets                                        | Safety pins         |
| Antacids (Tums, Rolaids)                                 | Side cutters        |
| Foot powder                                              | Chemical ice packs  |
| Latex gloves                                             | Thermometer         |
| Chapstick                                                | Throat lozenges     |
| Barrier device for resuscitation                         | Tweezers            |

Charges for medications dispensed by the Health Lodge must be paid at the Registration Office. Many "over the counter" medicines and first aid supplies are available at the Tooth of Time Traders.

## Camper Insurance Coverage

All campers and leaders are covered by a limited accident and sickness plan through Health Special Risk, Inc. The policy has a maximum coverage of \$15,000 and includes a \$300 excess provision. The plan pays the first \$300 of covered medical expenses without regard to benefits that may be available under other plans. When surgical treatment or hospital care is involved, benefits under this plan in excess of \$300 are available only for such expenses that exceed the limit of benefits available under other forms of insurance. If no other collectible insurance is available, this excess provision will not apply. If someone in your crew has an injury or illness it must be treated at the Health Lodge for these insurance provisions to apply.

## Emergency Transportation Costs

Scouts, Scout Leaders and Advisors who must return home before the end of their expedition because of illness or injury, are responsible for transportation costs to the airport. Travel costs need to be paid directly to Philmont. Crews should be prepared to pay emergency transportation costs from their contingency fund. Philmont will provide rides to: Albuquerque Airport, Colorado Springs Airport, and Denver International Airport.

Reimbursement of approved travel costs and ticket change costs are covered by Camper Insurance.

## PROGRAM FEATURES

Each itinerary is carefully developed to give your crew the maximum enjoyment of hiking and camping in the high mountains of the Sangre de Cristos. Itineraries also include certain staffed camps where you will pick up food and participate in program features. Although programs are not compulsory, they are recommended to get the most benefit from your Philmont experience.

### **Archaeology**

The Ponil country in the northern section is rich in the prehistoric background of the American Indian. Your crew can help reconstruct Philmont history while participating in this fascinating program and learning about Indians who inhabited this area.

An educated archaeologist and staff explain and supervise the program in the North Ponil Canyon. Activities may include assisting with excavations or preparing specimens and artifacts.

*PLEASE NOTE:* You can assist the archaeology program by being observant as you hike the trails. You may discover an artifact that will lead to further discoveries. Philmont's antiquities rightfully belong to Philmont and are most meaningful when left where found. Others can then share the benefit of your discovery. Please report all finds to one of the staff archaeologists at Indian Writings or to the Philmont Museum.

### **Black Mountain**

Experience life as it was soon after the Civil War at this rustic settlement. Shoot .58 caliber black powder rifles, learn to do blacksmithing and meet former Fort Union soldiers. Black Mountain is one of Philmont's very popular living history theme camps.

### **Black Powder**

You will use powder, patch, ball, ramrod, and cap to actually load and shoot a .50 or .58-caliber muzzle-loading rifle. This exciting, historic program is offered at Black Mountain, Clear Creek and Miranda.

### **Blacksmithing**

The ring of hammer striking iron echoes through the mountains around French Henry, Black Mountain, and Cyphers Mine camps. Here staff blacksmiths will acquaint you with a working forge, blower, leg vice and hardie, and an array of tongs used to grip red-hot iron. They will discuss and demonstrate techniques for firing the forge, working metal, and tempering the finished product.

### **Burro Packing**

No animal is more closely associated with the colorful history of the Southwest than the burro. Burro packing methods are explained and demonstrated at Ponil and Miranda. Your tents and food may be packed on burros using a diamond hitch. Burros are available for use on the trail in the northern portion of the ranch, starting or ending at Ponil and Miranda. Burro traps (holding pens for overnight stops) are located at Ponil, Pueblano, Miranda, Elkhorn, Flume Canyon, Head of Dean, and Baldy Skyline. Hay for feeding is provided at these camps. If your itinerary provides for packing burros, take advantage of this unique opportunity to pack them just as the miners once did.

### **Burro Racing**

Thrills galore await you in catching, packing, and racing a burro in competition with other crews. At Harlan this activity provides a memorable experience.

### **Cantina**

Abreu and Ponil offer the opportunity for a thirst-quenching root beer in a Mexican or Western-style cantina. You can buy root beer for your whole crew or a cup for yourself.

### **Conservation**

Philmont offers opportunities for involvement, participation, and observation of conservation practices. Most conservation projects involve trail construction or repair, which is very important in controlling erosion.

Three hours of conservation work under the supervision of a Philmont Conservationist is expected of each camper to earn the Arrowhead Award. Ten hours of conservation work is a requirement for the 50-Miler Award. The 3 hours earned at Philmont can be applied—the other 7 may be acquired back home. Some crews elect to complete more hours during their trek. Some crews complete all 10 hours at Philmont.

Philmont has a number of conservationists on its staff, each located strategically throughout the backcountry. Logistics will identify the best location for your crew to do your 3-hour project under the supervision of one of the conservationists who will help you qualify for both the Arrowhead Award and the partial of the 50-Miler Award.

Should your itinerary not provide for an area with a trail construction site, Logistics will identify an alternate project that can be done under the leadership of your Advisor.

### **Continental Tie and Lumber Company**

The exciting legend of the loggers with the Continental Tie and Lumber Company will come to life through the staff at Pueblano and Crater Lake. They will share their skills of spartree "pole" climbing and the use of wood tools and instruments. Competition in exciting logging events such as log toss, cross-cut sawing, and log tongs races will challenge your crew.

### **Environmental Awareness**

Become acquainted with some of the western birds, wildflowers, mammals, lizards, snakes, and insects in this natural outdoor wonderland. Discover what wildlife passed through camp by observing tracks and other signs—view how plant and animal species change as you climb higher into the mountains, and learn why these changes occur—walk past the timberline and observe the life that survives the rigors of this high-altitude environment.

At Cimarroncito, Miner's Park, Ring Place, and Dean Cow, a program of environmental awareness will be given to help you know and understand

Philmont's flora, fauna, geology, and life zones; and how you can be a part of maintaining the natural order of things so others that follow may enjoy them too.

### **Fly Tying and Fishing**

The Rayado and Agua Fria streams in the south offer excellent trout fishing. Though not large, these trout are wary and exciting to catch. A little time and skill spent along these streams may yield you a delicious trout supper or breakfast. Fly rods may be checked out at Fish Camp, Phillips Junction and Abreu.

At Fish Camp a program counselor with material and equipment will show you how to tie your own trout flies. The thrill of catching a trout on a fly you have tied is hard to beat. Near Fish Camp and Abreu a catch and release program is in effect. If you don't know how to remove the hook from your fish or how to clean it, a program counselor will demonstrate the correct methods. A tour of Waite Phillips' fishing lodge, including a narrative of area history, is also offered. All fishermen are required to have a current New Mexico state fishing license (see page 12).

### **Geology**

Philmont and private sector geologists have teamed up to provide an exciting and educational program of geology and mining technology at the sites where history comes alive—Cyphers Mine, Baldy Camp, and French Henry.

### **Gold Mining and Panning**

Gold is still found in almost all streams on Philmont, which was once the scene of lucrative gold-mining operations. Mine shafts, sluice boxes, and placer mines dot the mountainsides and valleys. If your itinerary takes you to Cyphers Mine or French Henry you will tour a real gold mine. Not working now, the mine is carefully shored so you can tour the mine tunnel. Bring your jacket and flashlight for the tour. Learn about adventures that were experienced during the fascinating and colorful past as determined miners sought their fortunes in these historic mountains. When you find some "color", ask one of the staff miners for some cellophane tape so you can take your discovery home to show others your success. Gold pans are available for you to use at Cyphers Mine and French Henry.

### **Homesteading**

At Crooked Creek, Rich Cabins and Abreu your crew will visit a working homestead. The staff will help you learn early day skills such as railsplitting, shingle making, primitive farming, log structure construction and care of farmyard animals. In keeping with the southwestern spirit of the program, you will be instructed in preparing a special Mexican meal at Abreu.

### **Jicarilla Apache Life**

Apache Springs offers a unique program featuring the lifestyle of the Jicarilla Apache. You will see how the Jicarillas worked and played. A rep-

lica Jicarilla village has been erected for this program. Tepees are furnished with realistic fireplaces, back rests, robes, hides, and baskets for you to see.

A 3D archery program will be offered. You may also grind corn using a mano and metate formed from smooth rocks. After that you can enjoy a "Jicarilla sauna" in a sweat lodge, followed by a dousing with cold water.

### **Mountain Biking**

Enjoy one of America's fastest growing sports at Whiteman Vega Camp as your crew takes a wilderness Mountain Bike Ride into the most remote areas of the beautiful Valle Vidal section of the Carson National Forest.

### **Mountaineering**

Although not a staff-sponsored program feature, mountaineering can be as fun and exciting as any. Restless adventurers seek challenges, comradeship, spectacular views, fields of delicate wildflowers, stimulating exercise, and solace by climbing high mountains. You can fulfill these urges at Philmont, where many challenging mountains await you. Mount Waite Phillips, nearly 12,000 feet high, towers over the beautiful southwest section of Philmont country. This peak is a rugged climb with fabulous views of Eagle Nest Lake, Wheeler Peak (highest mountain in New Mexico at 13,161 feet elevation) and most of Philmont.

"Old Baldy", named for its rocky, barren top, is a favorite climb for those who camp in the Baldy Town vicinity. Dotted with old gold mines, Baldy is the highest peak on Philmont—12,441 feet. The view from its top is unobstructed and spectacular.

The Tooth of Time, the 9,003-foot high Philmont molar, rises abruptly 2,500 feet from the valley floor. A landmark along the old Santa Fe Trail, the Tooth will give you a memorable view of Philmont.

Big Red, Black Mountain, Hart Peak, Lookout Peak, Trail Peak, and many other peaks will test your stamina and give you breathtaking views of surrounding terrain.

Always carry water, rain gear, jacket and other essentials when mountaineering.

### **No Trace Camping**

Wildland ethic depends upon attitude and awareness rather than on rules and regulations. While at Dan Beard, Rich Cabins and other entry points into the Valle Vidal, you will have the opportunity to learn how to enjoy wildland with respect; to hike, camp, eat meals, and dispose of trash without leaving a scar or trace.

### **Philmont Campfires**

Throughout the backcountry, various staffed camps conduct special evening campfires and programs.

Urraca, Pueblano, and Crater Lake campfires relate to tales of the Old West, logging, and the history of the land. Facts about the Beaubien-Miranda Land

Grant come alive, and the influence of Waite Phillips and his gift of Philmont to the BSA provides for a special inspiration.

At Beaubien and Clarks Fork, the focus is on the Old West with its songs and stories and true cowboy atmosphere.

At Cyphers Mine the story of gold will become memorable as an interpreter relates the life and adventures of miners of yesteryear at the nightly "STOMP".

Conducting your own campfire can be equally stimulating, whether you are camping at Visto Grande, Wild Horse Park, New Dean, or another trail camp. You and your friends will enjoy the camaraderie that radiates from the warmth of a Scouting campfire. (Fire restrictions may prevent building an actual fire.)

### **Rendezvous**

Catch some of the flavor of a mountain man rendezvous while at Miranda. Find out why rendezvous were held and what went on. See demonstrations of the mountain man way of life and participate in some of these skills and contests such as "hawk" throwing and muzzle-loading rifle.

### **Ring Ranch**

Visit the historic Ring family home at Ring Place Camp and learn about their way of life during the early years. Astronomy is featured each night. Gaze through a professional quality telescope to see the rings of Saturn, distant stars and moons. Learn how to predict the weather in a wilderness setting.

### **Rock Climbing**

This fascinating and challenging sport is a favorite of all Philmont campers. You'll scale a steep pitch and rappel down a sheer cliff. Philmont has carefully selected three areas to conduct this program where the rocks are safe and practical, but a distinct "Class Five" challenge.

Under the supervision of expert climbers, you will climb using your hands and feet while protected by rope, carabiners, and helmet. Safety is always stressed and practiced.

Rock climbing at Philmont is restricted to the three locations: Miners Park, Cimarroncito, and Dean Cow, and is only done under the supervision of Philmont rock climbing staff.

### **Rocky Mountain Fur Company**

At Clear Creek several veteran trappers of the Rocky Mountain Fur Company (portrayed by Philmont staff members) have established an outpost camp. Trapping was their way of life, however, it is not practiced at Philmont today. See traps like those they used to catch beaver, muskrat, raccoon, and bear. Hear about how they cured the hides and see trade goods which they used to purchase food and supplies.

### **Ropes and Challenges**

A series of activities that will test the teamwork, skill, and resourcefulness of your crew awaits you at Dan Beard, Head of Dean and Urraca Camps. While the challenges can be met by every crew, the real contest is with yourself. Did you do your best? How would you do better next time?

### **.30-06 Rifle Shooting**

This program offers a review of firearms and tips for successful and safe shooting. Wildlife conservation and game management are discussed.

Metallic silhouette targets provide a challenging experience at Sawmill's .30-06 rifle range. Each participant will reload and fire 3 rounds; additional rounds may be purchased at 3 for \$1.00.

### **12 Gauge Shotgun Shooting**

Shooting trap takes skill, but with some instruction and practice you may find that you can hit clay birds. Each participant at Harlan will reload and fire 3 rounds; additional rounds may be purchased at 3 for \$1.00.

### **Western Lore**

Philmont is an operating western cattle ranch. Cowboys still watch over cattle on horseback and drive them from their winter pasture on the plains to high mountain meadows for summer grazing. While you hike the trails, look for the white-face Hereford cattle. Though not wild, they are best observed from a distance. A cow with a calf may become dangerous if she feels her calf is threatened. To chase or attempt to rope these animals is foolish and can result in serious injury. Watch and photograph them if you wish.

An organized western lore program is offered at Beaubien, Ponil and Clarks Fork. Horse riding, campfires, and branding are all part of the western lore program. Philmont cowboys will tell you about New Mexico's cattle industry. Using authentic western lariats, they will show you how to rope. The cowboy's garb and equipment will be named and their uses explained. After a hearty chuck wagon dinner which you help prepare, you'll gather around a campfire under the western sky for an evening of songs, guitar playing, and stories of the Old West at Beaubien or Clarks Fork. Ponil campers may gather at the cantina. Ponil also features a chuck wagon breakfast.

### **Horse Rides**

Philmont owns and maintains a remuda of 300 western horses with strings located at Beaubien, Clarks Fork, and Ponil. All three camps offer exhilarating mountain horse rides at 8 a.m. and 1 p.m. Be prompt for your scheduled ride. Reservations are made at Logistics Services on a first-come, first-served basis upon arrival at Philmont. (Confirm times at Logistics.)

Philmont wranglers are courteous but strict. They make certain everyone stays in line and maintains the pace to avoid endangering members of your crew. Even skilled riders cannot be permitted to ride at a different pace or

away from the group. Please cooperate with the wranglers by following instructions for a safe and enjoyable ride. For your personal safety you will wear a helmet, which will be provided. Ponchos and maps should not be taken since they may frighten the horses. Wear long trousers on your horse ride to protect your legs. Persons weighing over 200 pounds will not be permitted to ride.

### Wilderness Medicine/Search and Rescue/GPS Technology

This exciting informative program at Seally Canyon and Carson Meadows Camps will enable your crew to "Be Prepared" to meet emergency first aid needs in a true wilderness environment. Every year many people become lost in the outdoors. Scouts are often called upon to help search for these people. Your crew will enjoy learning how to correctly conduct an organized search.

### Special Trail Meals

The programs at Clark's Fork and Beaubien include a special chuck wagon dinner. A Mexican meal is included at Abreu. Ponil will feature a chuck wagon dinner and a special breakfast. Members of your crew will help prepare these meals.

At Historic Zastrow Camp your crew will learn the latest techniques of land navigation using Map, Compass and G.P.S. Discover how a knowledge of U.T.M. (Universal Transverse Mercator) and latitude/longitude will improve your navigation skills on your trek. The evening program features a Dutch oven dessert and a rededication to the Values of Scouting Ceremony.

A list of staffed camps with program features listed for each camp follows. The letter "S" denotes starting camps.

| CAMPS | PROGRAM FEATURES |
|-------|------------------|
|-------|------------------|

#### NORTH COUNTRY

|                                                       |                                                                                           |
|-------------------------------------------------------|-------------------------------------------------------------------------------------------|
| Anasazi (S)                                           | Ranger Training                                                                           |
| Baldy Camp                                            | Food pickup, trading post, museum, geology                                                |
| Bent (S)                                              | Ranger Training                                                                           |
| Black Horse, Copper Park<br>Ewell's Park, Ute Meadows | Side hike Baldy Mountain                                                                  |
| Cimarron River (S)                                    | Ranger Training                                                                           |
| Dan Beard                                             | No trace camping, ropes and challenges                                                    |
| Dean Cow                                              | Rock climbing                                                                             |
| Dean Cut-off                                          | Ranger Training                                                                           |
| French Henry                                          | Blacksmithing, gold mining and panning                                                    |
| Head of Dean                                          | Ropes and challenges                                                                      |
| House Canyon (S)                                      | Ranger Training                                                                           |
| Indian Writings                                       | Archaeology                                                                               |
| Miranda                                               | Black powder rifle, burro packing and mountain man rendezvous                             |
| Ponil                                                 | Horse rides, burro packing, cantina, western lore, food pickup, trading post, chuck wagon |

|           |                                                                                        |
|-----------|----------------------------------------------------------------------------------------|
| Pueblano  | dinner and breakfast<br>Continental Tie and Lumber Company,<br>Philmont Story Campfire |
| Sioux (S) | Ranger Training                                                                        |

#### CENTRAL COUNTRY

|                    |                                                                        |
|--------------------|------------------------------------------------------------------------|
| Black Mountain     | Mountain livin' ---backwoods skills, Black powder rifle, blacksmithing |
| Cathedral Rock (S) | Ranger Training                                                        |
| Cimarroncito       | Rock climbing                                                          |
| Clarks Fork        | Horse rides, western lore, chuck wagon dinner                          |
| Clear Creek        | Rocky Mountain Fur Company, black powder rifle, trapping               |
| Cyphers Mine       | Blacksmithing, gold mining and panning                                 |
| Harlan             | Burro racing, 12-gauge shotgun shooting                                |
| Hunting Lodge      | Lodge tour, History of Waite Phillips                                  |
| Vaca (S)           | Ranger Training                                                        |
| Sawmill            | .30-06 rifle shooting                                                  |
| Ute Gulch          | Food pickup, trading post                                              |
| Ute Springs (S)    | Ranger Training                                                        |

#### SOUTH COUNTRY

|                     |                                                                                             |
|---------------------|---------------------------------------------------------------------------------------------|
| Abreu               | Mexican homestead, cantina, fishing and Mexican dinner                                      |
| Apache Springs      | Jicarilla Apache life, corn grinding, sweat lodge, 3D archery and bow hunting, food pick-up |
| Baubien             | Horse rides, western lore, chuck wagon dinner                                               |
| Carson Meadows      | Search and Rescue                                                                           |
| Crater Lake         | Continental Tie and Lumber Company,<br>Philmont Story Campfire                              |
| Crooked Creek       | Homesteading                                                                                |
| Fish Camp           | Fly tying and fishing, lodge tour                                                           |
| Lovers Leap (S)     | Ranger Training                                                                             |
| Miners Park         | Rock climbing                                                                               |
| Old Abreu (S)       | Ranger Training                                                                             |
| Olympia (S)         | Ranger Training                                                                             |
| Phillips Junction   | Food pickup, trading post, fishing                                                          |
| Rayado River (S)    | Ranger Training                                                                             |
| Rayado - Kit Carson | Historic Tours of Kit Carson                                                                |
| Rimrock (S)         | Ranger Training                                                                             |
| Urraca              | Ropes and challenges, Philmont Story                                                        |

|         |                                                                                  |
|---------|----------------------------------------------------------------------------------|
| Zastrow | Campfire<br>Land navigation, Dutch oven cooking,<br>Scout Re-Dedication Ceremony |
|---------|----------------------------------------------------------------------------------|

### **VALLE VIDAL—CARSON NATIONAL FOREST**

|               |                                                                        |
|---------------|------------------------------------------------------------------------|
| Whiteman Vega | Mountain biking, Bikeathlon                                            |
| Rich Cabins   | Homesteading, food pickup                                              |
| Ring Place    | Food pickup, lodge tour,<br>conservation, astronomy and weather        |
| Seally Canyon | Wilderness Medicine/Search and Rescue, GPS<br>Technology, Conservation |

### **PHILMONT MUSEUMS**

Exhibits at the three Philmont museums recount and interpret its rich historical past. They are open every day, and you will have opportunity to visit them either at the beginning or end of your trek. There is no admission charge.

#### **Philmont Museum – Seton Memorial Library**

Located at headquarters, the Philmont Museum houses history exhibits related to the Philmont area. The Seton Memorial Library is home to the personal art, library and anthropological collections of the founder and first Chief Scout of the Boy Scouts of America, Ernest Thompson Seton. The Gift Shop at the Museum carries a full line of Indian jewelry, Southwestern books, Pendleton blankets, drums, moccasins, and specialty items appropriate as mementos of your Philmont trek.

#### **Kit Carson Museum**

Philmont lies on part of a land grant given to Carlos Beaubien and Guadalupe Miranda by the Mexican government in 1841. Mountain man Lucien Maxwell founded a colony on the grant on the Rayado River in 1848. A year later he was joined at the settlement by frontiersman Kit Carson. In 1951 the Boy Scouts of America constructed an adobe museum at Rayado to serve as an interpretive area to portray its history. It was named in honor of Kit Carson.

Staff at Kit Carson Museum dress in period clothing and demonstrate frontier skills and crafts like blacksmithing, cooking, shooting, and farming. Each room in the Museum is outfitted with reproduction furniture and objects typical of New Mexico in the 1850s. The Rayado Trading Company, located at the Museum, sells books, maps, reproduction tools and equipment, moccasins, and blankets.

Kit Carson Museum is located seven miles south of Headquarters. Bus transportation to and from the Museum is available from Headquarters each day. Large groups should schedule with Logistics Services before starting for the Kit Carson Museum.

Rayado is a certified site on the Santa Fe National Historic Trail.

#### **Villa Philmonte**

When Waite Phillips gave Philmont Ranch to the Boy Scouts of America in 1941, he included in the gift his palatial home, the Villa Philmonte. Philmont maintains and preserves the “Big House” as a memorial to Phillips and his generosity to the Boy Scouts. It is listed on the National Register of Historic Places. Tours of the Villa may be scheduled at the Philmont Museum.

### **MORE PHILMONT SUPERACTIVITIES**

Applications are available by writing, calling (575) 376-2281, or emailing [camping@philmontscout ranch.org](mailto:camping@philmontscout ranch.org). In addition to regular 12-day expeditions, Philmont offers the following superactivities:

#### **Rayado Men and Women**

Young men and women who have a great desire for adventure have the opportunity to participate in Philmont’s most challenging experience – the Rayado program. Many miles of rugged trails and high peaks await those who become Rayado participants. On Rayado you’ll learn new leadership skills, advance trekking and camping skills, and see parts of Philmont you didn’t know existed. If you liked your regular trek, or if you have never been to Philmont before and have always wanted to, you’ll love Rayado. The program is designed specifically to challenge one’s mental and physical abilities. Rayado Men and Women learn the true meaning of adventure, fun, and “expecting the unexpected”.

The most qualified Rayado participants often become part of the elite Philmont staff in future seasons as rangers, backcountry staff, and headquarters staff.

Outstanding young men and women, at least 15 by January 1 or have completed the ninth grade but not yet 21, are eligible to participate in the Rayado program. Two 20-day treks are offered each summer. They are not coed. Leadership is provided by Philmont’s most experienced Rangers.

#### **Cavalcades**

Philmont cavalcades are similar to a regular expedition except that you ride horses instead of backpacking. Imagine riding horses through the rugged mountain wilderness like the famous trappers who first explored the West.

Eight-day cavalcades with 10 to 15 persons per crew are offered on specific dates each summer. Persons weighing over 200 pounds will not be permitted to ride.

#### **Mountain Men/Mountain Women Treks**

Mountain Men or Mountain Women treks are 6-day hiking expeditions for the children of Philmont Training Center participants.

Participation in the Mountain Trek program is for those young men and

young women who are at least 14 years of age by January 1 of the participation year or have completed the eighth grade prior to attendance but are not 21.

Groups of 5 to 10 young people are organized into crews and placed under the capable leadership of experienced Rangers. Mountain Treks start each Sunday and coincide with the Philmont Training Center conference schedule.

### **R.O.C.S.**

The Roving Outdoor Conservation School (R.O.C.S) is an exciting program at Philmont Scout Ranch for Scouts and Venturers who have an interest in conservation and natural resource management. Participants will enjoy a 21-day trek at Philmont.

The School will offer each participant in-depth experiences in Conservation and Environmental Science. As the crew hikes the ranch, they will camp in many of the different forest types and participate in activities in the following areas: forestry, fire ecology, insects, fisheries management, wildlife management, geology, plant identification and dendrology, watershed management and range management. In addition, part of the trek will practice "Leave No Trace" and "Tread Lightly" techniques. Each crew will spend time building new trails and rebuilding some of the existing trails.

The program is not simply working on various conservation projects and hiking, R.O.C.S. is ultimately a journey that challenges Scouts and Venturers in education, in service, and in adventure.

### **Order of the Arrow Trail Crew**

The OATC is an opportunity to join other Arrowmen in cheerful service and the formation of lasting brotherhood on the trails of Philmont Scout Ranch. The program is a fourteen-day experience.

The first week focuses on trail construction and maintenance. The second week is a seven-day backpacking trek that is designed by the participants. OATC is ultimately a journey that challenges Scouts mentally, physically and spiritually.

### **Ranch Hands**

A program for Scouts who have knowledge of horsemanship and horse care and want to expand their skills and experience. Limited to a select number of older Scouts, Ranch Hands crew will spend 8 days helping the Horse Department staff with hay hauling, saddling, chores and other horse program tasks, and then participate in their own special Cavalcade itinerary trek for 8 days.

### **Trail Crew Trek**

TCT is a fourteen day adventure focused on learning good trail construction and maintenance techniques while hiking across the Ranch. Participants will

be challenged to work toward achieving the Silver Award of the William T. Hornaday Conservation Award. Leave No Trace techniques will also be stressed. Crews will be organized as coed crews to support the venturing Program.

## **RELIGIOUS SERVICES**

Philmont works with all religious faiths to make possible and encourage full compliance with the 12th point of the Scout Law. "A Scout is reverent. He is reverent toward God. He is faithful in his religious duties and respects the convictions of others in matters of custom and religion". Responsibility for fulfilling religious obligations rests with each Expedition Advisor, with the assistance of a Chaplain's Aide and with each crew member for himself.

Chaplains of Protestant, Catholic, L.D.S., and Jewish traditions conduct services each day at 7 p.m. at Camping Headquarters. The Tooth of Time Traders and Snack Bar are closed to avoid conflict with this Philmont religious hour.

Your Advisor and chaplain's aide will receive a schedule of other worship services. Your crew may also request a special worship service, which can be arranged if the location is accessible and the schedule permits a chaplain to be there.

Each participant will receive a copy of "Eagles Soaring High". It contains daily meditations and is an excellent trail worship book. It will help you conduct a worship service when you are in a remote area of your Philmont Itinerary.

### **Catholic**

Catholic chaplains are selected by the National Catholic Committee on Scouting. They are available for religious services, conferences, and confessions. Daily masses are celebrated at Camping Headquarters. Masses are conducted at outlying camps upon request. Scouts and Scouters of Catholic faith who cannot attend Sunday or weekend mass due to great distances between their camps and the place of mass may fulfill their obligation (through a special privilege granted by the Archbishop of Santa Fe) by attending a daily mass at Camping Headquarters the evening before departing for the trail or the evening they return to headquarters from the trail.

### **Jewish**

The National Jewish Committee on Scouting selects a Jewish chaplain who will conduct services and provide for your religious needs. If you require kosher food, you should make arrangements to get the required food shipped to Philmont before your arrival (or bring it with you). Philmont will deliver it to the appropriate commissaries on your itinerary.

### **L.D.S.**

An L.D.S. chaplain is appointed by the National L.D.S. Committee on

Scouting. The chaplain may be contacted to arrange for special services, counsel, or religious services trail kits. Services are held at headquarters each evening.

### Protestant

Protestant chaplains are secured from various National Protestant Religious Committees. They conduct Protestant services every evening at Camping Headquarters and at some backcountry camps on weekends. Special backcountry services can be arranged.

### FINAL PROCESSING AT CAMPING HEADQUARTERS

At your last camp be sure to scour your pots and pans thoroughly before you return them to Camping Headquarters. After breaking camp on the morning of the 12th day, you will hike to a designated pickup point, where a Philmont bus will return you to headquarters—unless you are scheduled to hike in along Tooth Ridge. **Do not return to Camping Headquarters until the date and time indicated on your itinerary. Meals and accommodations for your crew are not available until that time.**

#### At Camping Headquarters you will:

1. Be assigned tents at the Welcome Center
2. Take care of your laundry
3. Eat in the dining hall as indicated on your itinerary
4. Have an opportunity to buy souvenirs from the Tooth of Time Traders
5. Participate in the evening “awards campfire”
6. Remove your equipment from your locker

#### In addition, your Advisor(s) should:

1. Pick up and distribute your mail
2. Check with the registrar for your crew’s photos and money left for safekeeping. Your Crew Leader should return your wildlife census card here also
3. Pick up crew medical records
4. Receive certification toward the 50-Miler Award from Logistics Services (need Crew Leaders copy).

### Homeward Bound – Morning of the 13th Day

A “continental breakfast” is available at 5:45 a.m. for those crews who have made prior arrangements. After checking out of tent city (please leave it clean for campers who will follow you), you will load your gear on your vehicle near the Welcome Center.

### Memories – Keep a Journal

Many individuals and crews keep a log of interesting events that occurred during their expedition. Memories of your Philmont adventure will live on for years to come when you read the record of your trek. You will recall happy

times—when you rode horses over a scenic trail or when you finally conquered Mount Phillips—and trying ones—like the day it rained or the night your tent fell down in a windstorm.

### A Challenge

Philmont means more than just a series of scenic mountain camps or a collection of exciting programs. It is more than just a physical challenge. It is an experience in living together and cooperating with others under sometimes difficult circumstances. It is learning to surmount the challenges of hiking and camping at high altitudes and learning to live in harmony with nature. You may get soaked to the skin in torrential downpour. You will breathe harder and faster than ever before in climbing a ridge or mountain, and after that you may even burn your supper. But you will make it, even though there will be times when you feel as if you can go no further.

In conquering these challenges you will gain confidence and a belief in your ability and go on to even greater achievements. This new knowledge of yourself will inspire you to do something for your fellow man, your God, and your country. Now is the time to act! Set your goals high and resolve to achieve them. You can do it. You will be better for it and your Philmont experience will become even more meaningful. It will never really end.

### PHILMONT GRACE

For food, for raiment,  
For life, for opportunity,  
For friendship and fellowship,  
We thank Thee, O Lord.

----- Amen



## Meanings and Pronunciations

Philmont has a strong Spanish heritage. Derived from a Spanish land grant, Philmont and vicinity is inhabited by many Spanish descendants. New Mexico is by law a bilingual state; both Spanish and English are officially recognized and commonly spoken. The following is to help you understand and correctly pronounce frequently used Philmont names, most of which have Spanish origins.

|                                    |                       |
|------------------------------------|-----------------------|
| Abreu                              | Ah-bray-you           |
| Agua Fria (cold water)             | Ah-wah Free-ah        |
| Aguila (eagle)                     | Ah-ghe-la             |
| Beaubien                           | Bow-bee-en            |
| Bonita (beautiful)                 | Bow-knee-tah          |
| Caballo (horse)                    | Cah-bye-yo            |
| Cimarroncito (little wild one)     | Seam-mar-ron-see-toe  |
| Conejo (rabbit)                    | Con-nay-hoe           |
| Cypher's                           | Sigh-furs             |
| Ewell's                            | You-ulls              |
| Jicarilla                          | Hic-are-ree-yah       |
| Oportunidad (opportunity)          | Op-pore-tune-ee-dahd  |
| Ponil                              | Poe-kneel             |
| Pueblano (little village)          | Pweb-lawn-oh          |
| Rayado (streaked)                  | Rey-ah-doe            |
| Sangre de Cristo (blood of Christ) | San-gray day Cris-toe |
| Sombra (shadow)                    | Sohm-brah             |
| Urraca (magpie)                    | You-rock-ah           |
| Villa Philmonte                    | Vee-yah Fill-mon-tay  |
| Visto Grande (magnificent view)    | Vees-toe Gran-day     |

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Each year Philmont employs over 1,000 young men and women as seasonal staff. If you are 18 years of age or older, why not accept the "Philmont Challenge" by becoming a summer staff member—APPLY NOW! Send in the postcard below or e-mail either [philstaff@philmontscout ranch.org](mailto:philstaff@philmontscout ranch.org) or [camping@philmontscout ranch.org](mailto:camping@philmontscout ranch.org) to request an application or download an application from [www.scouting.org/philmont](http://www.scouting.org/philmont).

Yes, I want to be considered for a staff position. Please mail an application. Below is my information.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

VISIT THE OFFICIAL PHILMONT STORE AT:

[www.toothoftimetraders.com](http://www.toothoftimetraders.com)

and Photo, Conservation Department, Logistics, Medical, Activities, National Training Center, and Backcountry Programs.

[www.scouting.org/philmont](http://www.scouting.org/philmont)

|                          |       |
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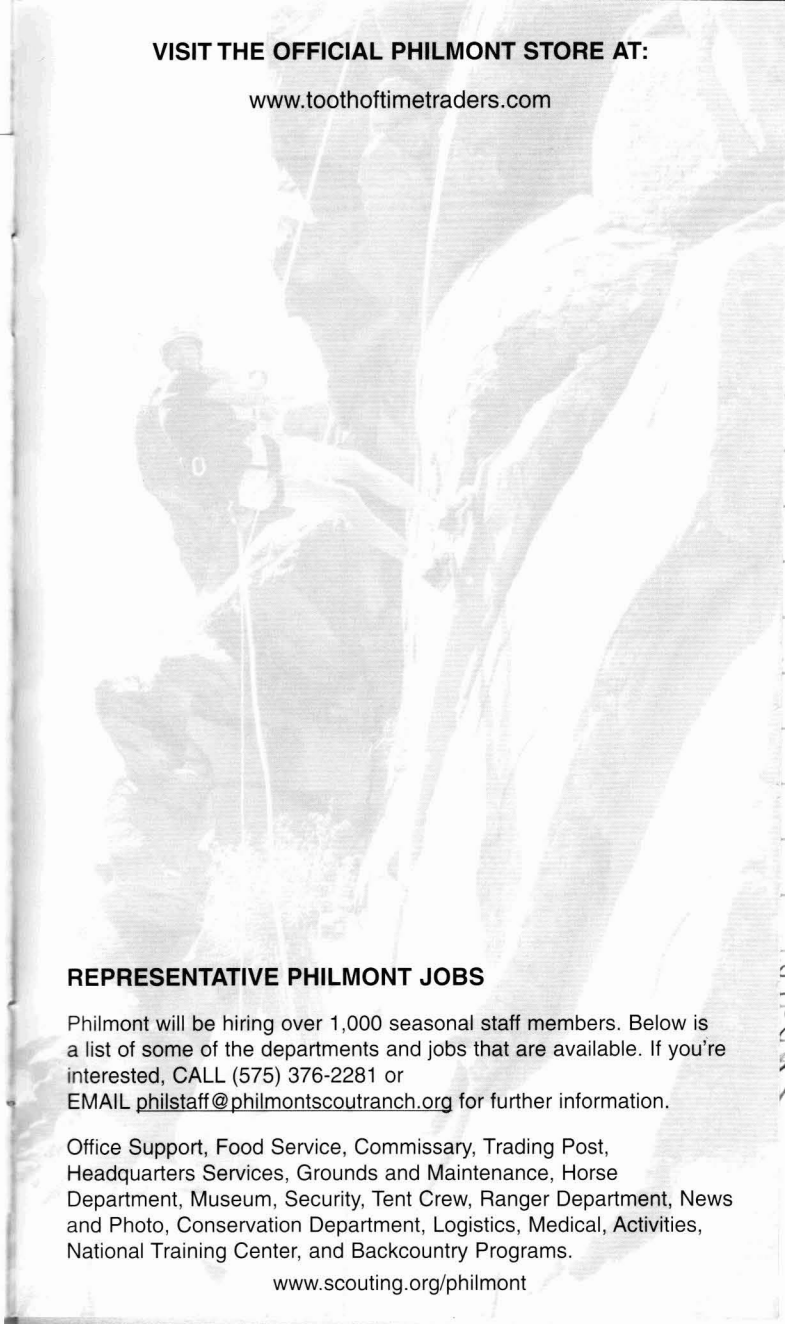
**VISIT THE OFFICIAL PHILMONT STORE AT:**

[www.toothoftimetraders.com](http://www.toothoftimetraders.com)

Place  
Stamp  
Here

Philmont Scout Ranch  
Boy Scouts of America  
17 Deer Run Road  
Cimarron, NM 87714

|                |       |
|----------------|-------|
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|----------------|-------|



**REPRESENTATIVE PHILMONT JOBS**

Philmont will be hiring over 1,000 seasonal staff members. Below is a list of some of the departments and jobs that are available. If you're interested, CALL (575) 376-2281 or EMAIL [philstaff@philmontscoutranch.org](mailto:philstaff@philmontscoutranch.org) for further information.

Office Support, Food Service, Commissary, Trading Post, Headquarters Services, Grounds and Maintenance, Horse Department, Museum, Security, Tent Crew, Ranger Department, News and Photo, Conservation Department, Logistics, Medical, Activities, National Training Center, and Backcountry Programs.

[www.scouting.org/philmont](http://www.scouting.org/philmont)